

**Curriculum Vitae**  
**Amani Anwar Khalil, PhD, RN**  
**School of Nursing, the University of Jordan**

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**Personal Data**

- Full Name: Amani Anwar Mustafa Khalil
- Date of Birth: May 22, 1976
- Place of Birth: Kuwait
- Nationality: Jordanian
- Sex: Female
- Marital Status: Married, two daughters and two sons
- Profession: Professor in nursing, School of Nursing-The University of Jordan.

**Education**

<b><u>Institution</u></b>	<b><u>Degree</u></b>	<b><u>Date Conferred</u></b>	<b><u>Field(s) of Study</u></b>
University of Kentucky/USA	PhD	(2005-2009)	Doctor of Philosophy
The University of Jordan	MS	(2002-2004)	Clinical Nursing
The University of Jordan	BSN	(1994- 1998)	General Nursing

## **Professional Experience**

- Travel nurse at Psychiatric Health Facility, Albuquerque, NM, USA, July, 2022-Oct 13<sup>th</sup>, 2022.
- Vice dean of school of Nursing, the University of Jordan, Sep, 2018/2019-2019/2020.
- Professor in nursing, school of nursing, the University of Jordan, Oct, 2018.
- President of Psi Kappa chapter, Sigma Theta Tau International for nursing, 2014 till present.
- Head, Clinical Nursing Department, School of Nursing, September, 2014 to 8/2017.
- Head of Scientific Research Committee-School of Nursing-University of Jordan, 2014 to 2015.
- Associate Professor, School of Nursing-University of Jordan, September 2014 to present.
- Assistant professor, School of Nursing-University of Jordan, December 2009-Sep 2014
- Research Assistant, University of Kentucky College of Nursing, Lexington, USA, September 2006-2009
- Teaching and Research Assistant, University of Jordan-Faculty of Nursing, June 2005-December 2005
- Teaching and Research Assistant, Faculty of nursing - Hashemite University, Sep 2004-May, 2005.
- Staff Nurse in ICU, Islamic Hospital Intensive Care Unites, Amman, Jordan, July 1998-May 2000

## **Certifications and Licensure**

Licensure as a Staff nurse from Jordan  
The National Council of State Boards of Nursing-NCLEX (NCSBN) ID:  
20660259, (date: June/29/2022)

### **Awards and Honors**

- 2006-2010 Fully-funded Governmental Scholarship during PhD study at University of Kentucky-Lexington/USA from the University of Jordan, Amman, Jordan.
- 2009 Delta Psi Chapter of Sigma Theta Tau Award, (research fund), University of Kentucky/College of Nursing, Lexington, Kentucky, USA.
- 2010 Basic Life Support Certificate, American Heart Association, Amman, Jordan.
- 2010 Advanced Cardiac Life Support Certificate, American Heart Association, Amman, Jordan.
- 2012 "Creative Teaching Strategies for the Nurse Educator Certificate", PESI Healthcare-offered by the Jordanian Nursing Council.
- 2013 " Effective Physical Assessment Skills: Identify Cardiac, Respiratory and Neurological Disorders Certificate", PESI Healthcare-offered by the Jordanian Nursing Council
- 2015-04-24 "Continuous education workshop" offered by the Jordanian Nursing Council.

### **Research Activities and Research Funding**

<b>Dates of investigation</b>	<b>Title and assigned grant number Funding Agency, Role, (funding amount)</b>
2010-2011	"Exploring The Psychosocial Well-Being of Jordanian Patients With End Stage Renal Disease Receiving Hemodialysis. "University of Jordan, Deanship of Academic Research. PI (3000JD)
2011-2012	"Investigating physical activity among Jordanians with chronic illnesses". University of Jordan, Deanship of Academic Research. Co-author (1600 JD)
2012-2013	"Promoting Awareness of Jordanian Patients at Increased Risk of Chronic Kidney Disease." University of Jordan, Deanship of Academic Research. PI (7300 JD)
2013-2014	"Depressive symptoms in dialysis patients and their association with poor health outcomes" University of Jordan, Deanship of Academic Research. PI (2100 JD)

2014-2015	“Physiological and psychological predictors of ventilator weaning outcomes in patients in the intensive care units” Abdul-Hameed Shuman Foundation. PI 14000 JD
2016/2017	Prevalence of anxiety and depression among hemodialysis patients and their associations with 5-HTT, BDNF, NPSR1, and IL-6 gene polymorphisms. Funded by Jordan University of Science and Technology-Co-PI
2016/2017	"The effect of depressive and anxiety symptoms on quality of life of patients with ESRD and their family care givers. The Deanship of the Research-The University of Jordan, PI-4250 JD.
2018-2019	Hospitalization and all-cause mortality in comorbid patients with and without chronic kidney disease: Database electronic surveillance system (Hakeem)- The Deanship of the Research-The University of Jordan,PI, 1600 JD

## Research Presentations

<b>Date of presentation</b>	<b>* (if peer reviewed). Authors. Title of presentation, type of presentation (poster, paper), Program title, organization sponsoring program, location of program.</b>
March, 2008	”The association between renal function and weaning outcome in the intensive care unit.” <b>Khalil, A.</b> Frazier, S.K., Kelly, S.E., Sturgeon, L., Wellman, A.M., Roberts, M.L., Hardin-Pierce, M. University of Kentucky College of Nursing Student Scholarship Day, Lexington, KY.
Feb, 2009	“The Psychometric Properties of the Brief Symptom Inventory Depression Subscale among Patients with Heart Failure and Renal Dysfunction”. <b>Amani A. Khalil</b> , MSN, Debra K. Moser, DNSc. RN, FAAN., Terry Lennie, PhD, RN., Lynne Hall, DrPh, Susan K. Frazier, PhD. RN, Misook L. Chung, PhD. RN., Jia-Rong Wu, PhD, RN. Poster presentation, Southern Nursing Research Society Conference, Baltimore, Maryland
March, 2009	“Cardiovascular and renal function influence ability to wean from mechanical ventilation”. Frazier, S.K., <b>Khalil, A.</b> , Sturgeon, L., Wellman, A., Roberts, M., Hardin-Pierce, M., Bafford, J., Kelly, S. Poster presentation, Royal College of Nursing Research Conference, March, 2009, Cardiff, Wales.
Feb, 2009	“Frequency and Efficacy of Nutritional Evaluation in Critically Ill Adults Receiving Mechanical Ventilation”. Roberts, M.L., Frazier, S.K., Sturgeon, L. Wellman, A.M., <b>Khalil, A.</b> Hardin-Pierce, M. Kelly, S.E., Bafford, J. Poster presentation, Southern Research Nursing Society, February, 2009, Baltimore, MD.
Feb, 2009	” Respiratory muscle function, ventilator weaning outcome, and glucose level in adult patients supported by mechanical ventilation”. Sturgeon, L.P., Frazier, S.K., Kelly, S.E., Roberts,

	M.L., Wellman, A.M., <b>Khalil, A.</b> , Bafford, J., Hardin-Pierce, M. Poster presentation, Southern Research Nursing Society, February, 2009, Baltimore, MD.
Nov, 2009	“Depressive Symptoms and Dietary Adherence in Patients with End-Stage Renal Disease Receiving Hemodialysis”. <b>Khalil A, Amani</b> , Frazier K, Susan, Lennie Terry. Podium presentation, University of Kentucky Hospital Conference, Lexington, KY.
April, 2010	“Depressive Symptoms and Dietary Adherence in Patients with End-Stage Renal Disease Receiving Hemodialysis” <b>Khalil A, Amani</b> , Frazier K, Susan, Lennie Terry. Podium presentation, Jordanian Nursing Council Conference, Amman-Jordan
May/2012	“Quality of Nursing Care in Jordan” Amani A Khalil. Podium presentation. Scientific Day at the College of Nursing-University of Jordan.
November/2012	“Predictors of Dietary and Fluid Nonadherence in Jordanian Patients with End-Stage Renal Disease Receiving Hemodialysis: A cross-sectional study” <b>Amani Khalil</b> . Podium presentation, International conference at the Royal Medical Services-Dead sea-Jordan
November/2013	"Knowledge, Attitudes, and Practices towards Prevention and Early Detection of Chronic Kidney Disease" Amani Khalil. Podium presentation, The Sixth Conference of Scientific Research in Jordan- <i>Jordan Society for Scientific Research</i> -at the Al-Zaytoonah University of Jordan.
April 27/2014	“Nursing Research program & EBP in diabetic care” podium presentation in the Scientific day entitled “ Advances in Diabetic foot Care” The University of Jordan-Faculty of Nursing
25/4/2014	“Hemodialysis complications and pregnancy and dialysis” course program was presented for RN from Iraq (full day course)-sponsored by the JNC-at the Orkida Hotel in Amman.
22-23/4/2015	Participating in the “Transforming quality nursing care: promise and potential-5 <sup>th</sup> international nursing conference-El-Meridian Hotel-Amman
15-8/5/2015	Participating in the National Workshop In Continuous Education In Nursing" sponsored by the Jordanian Nursing Council in Ayas Hotel-Amman-Jordan
9 Oct, 2017	Attending the Jordan-European Union Higher Education Cooperation Day, organized by the national Erasmus + office + Jordan at Le Royal Hotel
March, 2018	Podium presentation titled: Psi Kappa chapter: innovation in nursing, at the Scientific day of Zarqa University-Faculty of Nursing
16 Oct, 2018	Kickoff session: Health policy & Implication to practice: STTI role at the International Nursing Congress on “ Innovative Avenues: Practice drives education, research and policy” in JUST Irbid Jordan.

16 Oct, 2018	Podium presentation: “underdiagnosed chronic kidney disease in Jordanian Adults: Prevalence & correlates” at the International Nursing Congress on “Innovative Avenues: Practice drives education, research and policy” in JUST, Irbid Jordan.
17 Nov, 2018	Podium presentation “Incidence, Risk Factors and Prognosis of Acute Kidney Injury Following Hematopoietic Stem Cell Transplant: A pilot study” the third conference in palliative care “End of Life Issues” at the Specialty hospital, Amman-Jordan
Nov, 2019	Poster presentation “Sigma’s 45th Biennial Convention, Washington DC

## Publications

**Khalil, A. A.,** Frazier K, Susan, Lennie Terry. (2010). Depressive Symptoms and Dietary Nonadherence in Patients with End-Stage Renal Disease Receiving Hemodialysis, A Review of Quantitative Evidence. *Issues in Mental Health Nursing*.31, 324-330.

**Khalil, A. A.,** Lennie Terry., Frazier K, Susan. (2010). Understanding the negative effects of Depressive Symptoms in Patients with ESRD Receiving Hemodialysis. *Nephrology Nursing Journal*. 37 (3), 289-296, 308.

**Khalil, A. A.,** Frazier K, Susan. Terry A. Lennie, B. Peter Sawaya, (2011). Depressive Symptoms and Dietary Adherence in Patients with End-Stage Renal Disease. *Journal of Renal Care*. 37 (1), 30-39.

**Khalil, A. A.,** Hall, A, Debra, M, Frazier K., S., Terry A. Lennie, (2011). The Psychometric properties of the Brief Symptom Inventory depression and anxiety subscales among patients with heart failure and renal dysfunction. *Achieves in Psychiatric Nursing*. 25 (6), 419-429.

**Khalil, A.,** Darawad, M, Algamal, E., Mansour, A. (2012). Predictors of Dietary and Fluid Nonadherence in Jordanian Patients with End-Stage Renal Disease Receiving Hemodialysis: A cross-sectional study. *Journal of Clinical Nursing*. 22, 127-136.

Darawad, M., **Khalil, A.,** (2013). Jordanian Dialysis Patients’ Perceived Exercise Benefits and Barriers: A correlation study. *Rehabilitation Nursing*, 38, 315-322

**Khalil, A.,** Darawad, M., (2014). Objectively Measured, and Self-Reported Dietary and Fluid Nonadherence among Jordanian Patients with ESRD Receiving Hemodialysis. *Hemodialysis International*. 18:95–103.

- Alramly, M. Darawad, M. **Khalil, A.** (2013). Slowing the Progression of Chronic Kidney Disease: Comparison between Predialysis and Dialysis Jordanian Patients. *Renal Failure*, 35 (10):1348-1352.
- Khalil, A.**, Abed, M. (2014). Perceived social support is a partial mediator of the relationship between depressive symptoms and quality of life in patients receiving hemodialysis. *Archives of Psychiatric Nursing*. 28 (114–118).
- Khalil, A.**, Abdalrahim, M. (2014). Knowledge, Attitudes, and Practices towards Prevention and Early Detection of Chronic Kidney Disease. *International Nursing Review*, 61 (2): 237-245.
- Abdalrahim, M., Zeilani, R., & **Khalil, A.** (2013) Nurses' Perception of Arab Women Needs in Intensive Care Units: Focus Group Study. *Life Science Journal*, 10 (4): 2488-2495.
- Khalil, A.** Modalal, H, Abdalrahim, M. Arabiat, D. Abed, M. & Zeilani, R. (2014). Development and psychometric evaluation of the Chronic Kidney Disease Screening Index. *Renal Failure*, 36 (8): 1200-1207..
- Alhurrani, **A.** Dekker, R. Abed, M. **Khalil, A** et al. (2014). The Association of Co-morbid Symptoms of Depression and Anxiety with Event-Free Survival in Patients with Heart failure. *Circulation* 130 (Suppl2), A11405-A11405.
- Mohammad Darawad, **Amani Khalil**, Ayman Hamdan-Mansour, Basema Nofal (2016). Perceived Exercise Self-Efficacy, Benefits and Barriers, and Commitment to a Plan for Exercise among Jordanians with Chronic Illnesses, *Rehabilitation Nursing*. 41: 342-351.
- Abed, M. **Khalil, A.** & Moser, D. (2015). The Contribution of Symptom Incongruence to Prehospital Delay for Acute Myocardial Infarction Symptoms among Jordanian Patients. *Research in Nursing & Health*. DOI: 10.1002/nur.21658
- Abed, M. **Khalil, A.** & Moser, D. (2015). Awareness of modifiable acute myocardial infarction risk factors has little impact on risk perception for heart attack among vulnerable patients. *Heart & Lung*, 44: 183-188.
- Abed, M., Ali, R., Abu Ras, M., Hamdallah, F., **Khalil, A.**, & Moser, D. (2015). Symptoms of acute myocardial infarction: A correlational study of the discrepancy

- between patients' expectations and experiences. *International Journal of Nursing Studies*. 52(10): 1591-1599
- Saleh, Z., Lennie, T., Mudd-Martin, G., Bailey, A., Novak, M., Biddle, M., **Khalil, A.**, Darawad, M., & Moser, D. (2015). Decreasing sedentary behavior by 30 minutes per day reduces cardiovascular disease risk factors in rural Americans. *Heart & Lung*, 44 (5): 382-386
- Jarad, R. & **Khalil, A.** (2015). Psychometric Properties of the Strength of Commitment to Life Style Self Management Instrument among Jordanians with Diabetes Mellitus Type II: Descriptive Reliability and Agreement study. *Journal of American Science*. 11
- Darawad, M., Mosleh, S., **Khalil, A.**, Maharmeh, M., Hamdan-Mansour, A., Samarkandi, O. (2016). Investigating physical exercise among Jordanians with diabetes mellitus. Health. DOI: <http://creativecommons.org/licenses/by/4.0/>
- Darawad, M. **Khalil, A.**, (2017). Psychosocial correlates of diabetes self management practices. *Iranian Journal of Public Health*. 46 (6): 771-781.
- Darawad, M., Hamdan-Mansour, A., **Khalil, A.**, Arabiat, D., Samarkandi, O., & Alhussami, M. (2017) Exercise self-efficacy scale: validation of the Arabic version among Jordanians with diabetes mellitus. *Clinical Nursing Research*. DOI: 10.1177/1054773816683504
- Khalil, A.** Abed, A., Ahmad, M., & Hamdan-Mansour, A. (2017). Under-diagnosed Chronic Kidney Disease in Jordanian adults: Prevalence and Correlates. *Journal of Renal Care*, 44 (1): 12-18.
- Abu Ali, R. Abed, M. **Khalil, A.** Al-Kloub, M. Ashour, A. & Alnsour, I. (2018). A Survey on Sexual Counseling for Patients with Cardiac Disease Among Nurses in Jordan. *Journal of Cardiovascular Nursing*. In press.
- Osama Y. Alshograna, **Amani A. Khalil**, Ashraf O. Oweis, Shoroq M. Altawalbeh, Mohammad A.Y. Alqudah. (2018). Association of brain-derived neurotrophic factor and interleukin-6 serum levels with depressive and anxiety symptoms in hemodialysis patients. *General Hospital Psychiatry*, 53: 25–31.

- Mutaz Foad Alradaydeh, **Amani Khalil**. The association of spiritual well-being and depression among patients receiving hemodialysis, *Perspectives in psychiatric care*, 2018, **Volume54, Issue3**
- Khalil, A**, Liali, K., & Awidi, A. Incidence, Risk Factors and Prognosis of Acute Kidney Injury Following Hematopoietic Stem Cell Transplant: A pilot study. *International Journal of Stem cells*. In press.
- Alshogran, O., AL-Eitan, L., Altawalbeh, F., **Khalil, A.**, Alqudaha, M., Oweis, A., Amanb,H., & Alhawari, H. Investigating the Contribution of NPSR1, IL-6 and BDNF Polymorphisms to Depressive and Anxiety Symptoms in Hemodialysis Patients. *Progress in Neuropsychopharmacology & Biological Psychiatry*, 2019, (94). DOI: <https://doi.org/10.1016/j.pnpbp.2019.109657>.
- Abdalahim, M., Khalil, A., Alramly, M., Alshloul, K. & Abed, M. (2020). Pre-existing chronic kidney disease and acute kidney injury among critically ill patients. *Heart & Lung*, 49:5, 626-629. DOI: <https://www.sciencedirect.com/science/article/abs/pii/S0147956320301473>  
<https://www.sciencedirect.com/science/article/abs/pii/S0147956320301473>
- Alramly MK, Abdalahim MS, Khalil A. Validation of the modified NUTRIC score on critically ill Jordanian patients: A retrospective study. *Nutrition and Health*. 2020;26(3):225-229. doi:10.1177/0260106020923832.
- Emleek EMQ, Khalil AA. Disseminated Intravascular Coagulopathy in Critically Ill Patients in Amman, Jordan. *Biol Res Nurs*. 2021 May 25:10998004211017241. doi: 10.1177/10998004211017241. Epub ahead of print. PMID: 34030507.
- Khalil, A.**, Darawad, M., Abed, M., Hamdan-Mansour, A., Arabiat, D..et al. (2021). The impact of somatic and cognitive depressive symptoms on medical prognosis in patients with end-stage renal disease. *Perspective Psychiatric Care*. DOI: <https://doi.org/10.1111/ppc.12786>
- Khalil, A.A.**, Khalifeh, A.H., Al-Rawashdeh, S., Darawad, M. and Abed, M. (2021), Depressive Symptoms, Anxiety, and Quality of Life in Hemodialysis Patients and Their Caregivers: A Dyadic Analysis. *Jpn Psychol Res*. <https://doi.org/10.1111/jpr.12339>

Alshogran, O., Altawalbeh, S., **Khalil, A.** Comparison of two self-report scales to assess anxiety and depressive symptoms in hemodialysis patients. Archives of Psychiatric Nursing 41 (2022) 208–213

### **Reviewers**

- Hemodialysis International
- Renal failure
- Austin Publishing Group
- Japan Journal of Nursing Science
- Archives of Psychiatric Nursing
- Worldviews on Evidence-Based Nursing
- Nurse Education Today.
- Perspective in Psychiatric care.

### **Community Service**

- Participated in lecturing and training for CPR skills & Fundamentals of nursing for the undergraduate nursing students at Faculty of Nursing-University of Jordan, Amman, Jordan.
- Participated in teaching courses at the Prince Hussein bin Abdullah II for Civil Defense, Amman-Jordan.
- 2014/2015: Book Fair events: sponsored by the Jordan Honor Society Charter/STTI.
- Preparing and conducting professional writing courses for graduate nursing students and registered nurses (22/26/31 of March 2015, Sep, 2016 & 2017, Nov, 2019).
- Volunteered in an awareness day for school students towards drug addiction and smoking held at the University school (secondary level) (5/4/2015).
- Conducted many activities and services for the members of Psi Kappa Chapter that was established in the 20/2/2017 and still ongoing.

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*I hereby declare that the information provided in this CV is true, complete and correct to the best of my knowledge and belief*

*Signature  
Amani Khalil*