



Form: Study Plan Master's Program/ Higher Diploma/ High Specialization	Form Number	EXC-01-03-04A
	Issue Number and Date	2963/2022/24/3/2 5/12/2022
	Number and Date of Revision or Modification	2/(10/12/2023)
	Deans Council Approval Decision Number	50/2023
	The Date of the Deans Council Approval Decision	26/12/2023
	Number of Pages	02

Plan Number	Specialization #	Degree	Department #	School #	Year	Track
	Thesis	2024	07	1	7	014

1.	School	School of Nursing
2.	Department	Community Mental Health Nursing
3.	Degree title (Arabic)	ماجستير في التمريض السريري / الصحة النفسية
4.	Degree title (English)	Master's degree in clinical nursing/ psychiatric mental health
5.	Track	Thesis

First: General Rules & Conditions:

1. This plan conforms to the valid regulations of the programs of graduate studies.
2. Specialties of Admission:
 - The First Priority: Bachelor's degree in nursing.

Second: Special Conditions :One-year clinical nursing experience in a health care institution or a teaching/training experience of one year in the related specialty.

Third: Study Plan: Studying (36) Credit Hours as following:**1. Obligatory courses: (18) Credit Hours:**

Course No.	Course Title	Credit hrs	Theory	Actual Practice hours	Pre - request
0701749	Research Method in Health Sciences	3	3	-	-



0703725	Statistical Methods for Health Care Research	3	3	-	-
0701724	Psychiatric/Mental Health Nursing I	3	2	1	-
0701725	Psychiatric/Mental Health Nursing II	3	2	1	0701724
0701726	Specialized Psychiatric Clinical Nursing	3	1	2	0701725
0701731	Therapeutic models in psychiatric nursing	3	2	1	0701724

Elective Courses: Studying (9) Credit hours from the following:

Course No.	Course Title	Credit hrs	Theory	Practice actual hours	Pre – request
0701750	Professional Writing	3	3	-	-
0701732	Teaching and Training in Nursing	3	3	-	-
0701733	Management and Leadership in Nursing	3	3	-	-
0701738	Healthcare Informatics	3	3	-	-
0701722	Specialized Nursing: Ethics and Roles	3	3	-	-
0702731	Pain and Suffering	3	3	-	-
0701734	Evidenced Based Psychiatric Nursing Care Seminar	3	3	-	-
0701751	Therapeutic relationships concepts	3	3	-	-
0702726	Changes in health physiology	3	3	-	-
0702735	Clinical Pharmacology in nursing	3	3	-	-

* Each credit hour (practice) equals (8) actual clinical hour

3. Thesis (9) Credit hours (0702799)



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	Specialization #	Degree	Dep #	Faculty #	Year	Track
Plan Number	014	7	1	07	2024	Comprehensive

1.	School	School of Nursing
2.	Department	Community Mental Health Nursing
3.	Program title (Arabic)	ماجستير في التمريض السريري / الصحة النفسية
4.	Program title (English)	Master's degree in clinical nursing/ Psychiatric mental health
5.	Track	Comprehensive

First: General Rules & Conditions:

1. This plan conforms to the valid regulations of the programs of graduate studies.

2. Specialties of Admission:

- The First Priority: Bachelor's Degree in Nursing.

Second: Special Conditions :One year clinical nursing experience in a health care institution or a teaching/training experience of one year in the related specialty.

Third: Study Plan: Studying (36) Credit Hours as following:

1. Obligatory courses: (27) Credit Hours:

Course No.	Course Title	Credit hrs	Theory	Practice actual hours	Pre - request
0701749	Research Method in Health Sciences	3	3	-	-



0703725	Statistical Methods for Health Care Research	3	3	-	-
0701724	Psychiatric/Mental Health Nursing I	3	2	1	-
0701725	Psychiatric/Mental Health Nursing II	3	2	1	0701724
0701726	Specialized Psychiatric Clinical Nursing	3	1	2	0701725
0701731	Therapeutic models in psychiatric nursing	3	2	1	0701724
0701751	Therapeutic relationships concepts	3	3	-	-
0702726	Changes in health physiology	3	3	-	-
0702735	Clinical Pharmacology in nursing	3	3	-	-

2. Elective Courses: Studying (9) Credit hours from the following:

Course No.	Course Title	Credit hrs	Theory	Practice actual hours	Pre – request
0701750	Professional Writing	3	3	-	-
0701732	Teaching and Training in Nursing	3	3	-	-
0701733	Management and Leadership in Nursing	3	3	-	-
0701738	Healthcare Informatics	3	3	-	-
0701722	Specialized Nursing: Ethics and Roles	3	3	-	-
0702736	Pain and Suffering	3	3	-	-
0701734	Evidenced Based Psychiatric Nursing Care Seminar	3	3	-	-

* Each credit hour (practice) equals (8) actual clinical hour

3. A comprehensive exam (0702798)

**Course Description**

Course Number 0701749	Course Title Research Method in Health Sciences	Credit Hours 3
Prerequisite: ()		
Course Description: This course introduces the students to different research designs, instruments, methods of data collection and analysis. This course focuses on the utilization of scientific research in the development of nursing knowledge. The students will have the opportunity to design a research proposal in his/her area of specialization.		

Course Number 0703725	Course Title Statistical Methods for Health Care Research	Credit Hours 3
Prerequisite: ()		
Course Description: The emphasis of this course is on the nature and characteristics of the most commonly used statistical techniques (descriptive statistics, correlation and linear regression, factor analysis, and elementary hypothesis testing), and their applicability to specific health care problems within the context of nursing. Students will develop skills and knowledge in the use of computing software and to reinforce learning through assignments, including the analysis of data and interpret computer output.		

Course Number 0701724	Course Title Psychiatric/Mental Health Nursing I	Credit Hours 3
Prerequisite: ()		
Course Description: This didactic course prepares the Psychiatric-Mental Health Nurse Practitioner student to assess, diagnose, and manage selected health care needs of culturally diverse populations across the life span. The focus is on advanced nursing practice with individuals and families in a variety of health care settings. Emphasis is placed on wellness and the pathophysiology and epidemiology underlying acute and chronic psychiatric/ mental health problems. The purpose of the clinical part of the course is to provide opportunities for Psychiatric-Mental Health Nurse Practitioner/Clinical Nurse Specialist students to apply concepts from Advanced Psychiatric/Mental Health Nursing I in primary and acute care settings with adults and families experiencing psychiatric/mental health concerns. The emphasis is on mental health nursing across the lifespan. The practical training also allocates training hours to train students on health assessment skills, especially those associated with functional changes accompanying mental illness.		



Course Number	Course Title	Credit Hours
0701725	Psychiatric/Mental Health Nursing II	3
Prerequisite: (0701724)		
<p>Course Description: The purpose of this course is to provide the Psychiatric-Mental Health Nurse Practitioner/ Clinical Nurse Specialist student an in depth study of psychiatric/mental health care management of adults and their families within the framework of advanced nursing. The focus is on selected acute and chronic complex psychiatric/ mental health care problems. Emphasis is on the interaction among health care providers in a culturally diverse environment.</p> <p>The purpose of the clinical part of the course is to provide opportunity for the Psychiatric-Mental Health Nurse Practitioner/Clinical Nurse Specialist student to practice within an advanced nursing framework. The focus is on the role of the advanced practice nurse in the health care management of adults with psychiatric/mental health concerns. Emphasis is on collaboration with other health care providers in a culturally diverse environment.</p>		

Course Number	Course Title	Credit Hours
0701726	Specialized Psychiatric Clinical Nursing	3
Prerequisite: (0701725)		
<p>Course Description: This dynamic course offers an immersive clinical training experience, dedicating eight hours each week to hands-on practice within a variety of psychiatric units and specialized mental health agencies. Tailored to each student's specialty area, the program emphasizes the practical application of theoretical knowledge and skills in advanced specialized psychiatric nursing care. Under the dedicated guidance of our faculty members, students will engage directly with clients, honing their abilities to provide exceptional psychiatric nursing care in real-world settings.</p>		

Course Number	Course Title	Credit Hours
0701731	Therapeutic models in psychiatric nursing	3
Prerequisite: (0701724)		
<p>Course Description: This course focuses on selected specific psychotherapy models relevant to the advance practice of psychiatric nursing to achieve quality outcomes for individuals, families and groups with psychiatric disorders and mental health problems. Aspects of psychotherapy care are established within a framework of diagnostic reasoning, critical thinking, and clinical judgment to develop and apply comprehensive evidenced based treatment. Models and approaches of psychiatry treatment will be discussed and application process will enhance skills of practice.</p>		



Course Number 0701751	Course Title Therapeutic relationship concepts	Credit Hours 3
Prerequisite: ()		
Course Description: This course focuses on the application of caring theory to interpersonal communications. It emphasizes the development of the role of communicator in individual and group experiences and in professional relationships. The course will expose students to various therapeutic interventional models and caring aspects that is appropriate to all area of advanced nursing practices. The course will also enhance students' capacity in terms of interviewing skills, qualitative approach of caring aspects, and using the personal awareness and monitoring to enhance their morals and ethics of conduct.		
Course Number 0702735	Course Title Clinical Pharmacology in nursing	Credit Hours 3
Prerequisite: ()		
Course Description: The course deals with the use of drugs in humans. It includes a brief description of the pathophysiological processes, diagnosis and treatment of common medical problems. The mechanism of action, pharmacological effects, clinical uses, adverse effects and drug interactions will be discussed. In addition, the course will briefly discuss preclinical and clinical trials and the ethics of conducting such studies.		

Course Number 0701750	Course Title Professional Writing	Credit Hours 3
Prerequisite: ()		
Course Description: This course is aimed at developing and strengthening the writing skills of master's students. It focuses on the developing students' skills required for professionally writing concepts and ideas in a sound and academic manner and applying the American Psychological Association format. This course helps the students in writing the thesis proposal in a professional and accurate English format.		

Course Number 0701732	Course Title Teaching and Training in Nursing	Credit Hours 3
Prerequisite: ()		
Course Description: In this course, the emphasis will be on educational aspects of critical care and adult health nursing as an aspect of nursing practice. The student will develop instructional design as related to the educational needs of the patient and family. Emphasis will be on teaching and training other nursing personnel in the area of critical care through		



the use of instructional design. Emphasis will be on utilizing a comprehensive instructional process.

Course Number	Course Title	Credit Hours
0701733	Management and Leadership in Nursing	3
Prerequisite: ()		
Course Description: This course provides for the comprehensive study of the department of nursing as a vital component of multiple health care delivery systems. Its primary focus is on the preparation of nurse managers to function in a variety of health care settings. It examines financial, personnel, and quality control management with the emphasis on the role behaviors of the nurse manager as an advanced practitioner of nursing. An overview of management and leadership theories and processes and their implication for nurse managers is provided. The role of the advanced practitioner and consultant in marketing nursing services is also described.		

Course Number	Course Title	Credit Hours
0701738	Healthcare Informatics	3
Prerequisite: ()		
Course Description: This course introduces students to the principles and application of major information systems approaches in the delivery and administration of health care. In addition to application of healthcare informatics in clinical practice, other areas of informatics application are emphasized such as research, education, administration, and quality management. The students will have the opportunity to learn about health care informatics principles, information and communication technologies in health care, clinical information systems, electronic health records, telehealth, and health information security, confidentiality, integrity, and availability.		

Course Number	Course Title	Credit Hours
0701722	Specialized Nursing: Ethics and Roles	3
Prerequisite: ()		
Course Description: This course discusses the implications of advanced practice and its effects on the development of the nursing profession. In addition, the course will focus on the role of the nurse as a patient advocate and discusses some of the cross cultural and ethical issues that face nurses in providing care for their patients and families and provides guidelines for ethical decision making.		



Course Number	Course Title	Credit Hours
0702736	Pain and Suffering	3
Prerequisite: ()		
Course Description: This course provides an in-depth study of pain, including advanced care planning with clients and their families. This course takes a comprehensive look at the management of pain and suffering as understood from the patient's lived experience and applied to nursing practice. Both pharmacological and non-pharmacological pain management strategies are examined and the ethical clinical decision-making in pain management is emphasized according to established standards for quality care and best practices within an interdisciplinary team.		

Course Number	Course Title	Credit Hours
0702726	Changes in health physiology	3
Prerequisite: ()		
Course Description: This course focuses on the pathogenesis of human disease as a consequence of abnormalities and alterations of normal physiological function. Regulatory and compensatory mechanisms that aim at maintaining and restoring homeostasis in response to changes in the internal and external environment are explored. This course tackles all systems, but emphasizes those systems encountered in critical care units, within an appropriate theoretical framework. It will form the basis for planning essential and comprehensive nursing care interventions, aiming at providing comprehensive patient care.		

Course Number	Course Title	Credit Hours
0701734	Evidenced Based Psychiatric Nursing Care Seminar	3
Prerequisite: ()		
Course Description: This course is focusing on updating the current status of knowledge and science is particular mental health and psychiatric care perspectives. The course is providing an opportunity to students to act independently utilizing the research literature to create a theoretical and practical scheme of evidence-based mental health and psychiatric nursing practice. Students will employ their interest in one particular topic and will be exposed to various topics of advanced PMHN practices and scopes. While addressing particular topic, the student will be involved in discussion to upgrade and enhance their status of knowledge and research in the field of PMHN		