

Latefa Ali Dardas, PhD, PMHN, CP

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Amman, Jordan

Credentialed Psychiatric and Mental Health Nurse, with Specialization in Child and Adolescent Mental Health (North Carolina, USA). Certified in Advanced Applied Statistics for Health Sciences. Currently, Assistant Professor at the University Of Jordan School Of Nursing; and Vice President of the Psychological Sciences Association.

EDUCATION

PhD. in Psychiatric Nursing (2014-2017).

- Duke University [Named Number 1 School of Nursing in the U.S. by USNWR]
- GPA: 4/4
- Rank: The first

Specialized Diploma in Clinical Psychology (2018).

- German Jordanian University

MS. in Psychiatric and Mental Health Nursing (2011-2013).

- The University of Jordan
- GPA: 4/4
- Rank: The first

BS. in Nursing (2005-2009).

- The University of Jordan
- GPA: 3.95/4
- Rank: The first

The General Secondary Certificate/Scientific Stream (2005)

- Arwa bent Al-Hareth Secondary School, Jordan
- Average: 91.1%, Percentile: 93
- Rank: The first on district

WORK EXPERIENCE

THE UNIVERSITY OF JORDAN.

2017-Current

Assistant Professor

- Advanced Psychiatric and Mental Health Nursing-Master's/Theory (Course Coordinator)
- Advanced Psychiatric and Mental Health Nursing-Master's/Clinical (Course Coordinator)
- Psychiatric and Mental Health Nursing- BSN/Theory (Course Coordinator)
- Psychiatric and Mental Health Nursing- BSN/Clinical (Course Coordinator)
- Global Health-Medical Students-BS (Course Coordinator)

THE PSYCHOLOGICAL SCIENCES ASSOCIATION.

2018-Current

- Vice President
- Head of Research Committee

THE UNIVERSITY OF JORDAN.

2009-2014

Teaching Assistant

- Psychiatric and Mental Health Nursing-Clinical
- Community Health Nursing-Clinical
- Health Assessment-Clinical
- Fundamentals of Nursing

PEER-REVIEWED PUBLICATIONS

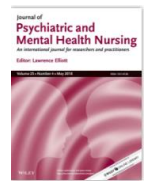
- **Dardas, LA.,** Shoqirat, N., Xu, H., Al-Khayat, A. Bani Ata, S., Shawashreh, A., & Simmons, L.A. (2019). Comparison of the Performance of the Beck Depression Inventory-II and the Center for Epidemiologic Studies-Depression Instrument in Arab Adolescents. *Public Health Nursing*, 36, 564–574. DOI:10.1111/phn.12618.
- **Dardas, LA.,** Shoqirat, N., Abu-Hassan, H., Al-Shanti, B., Al-Khayat, Allen, D., & Simmons, L.A. (2019). Depression in Arab Adolescents: A Qualitative Study. *Journal of Psychosocial Nursing and Mental Health Services*, 57 (10), 43-34. DOI:10.3928/02793695-20190528-01.
- **Dardas, LA.,** (2019). Family Functioning Moderates the Impact of Depression Treatment on Adolescents' Suicidal Ideations. *Child and Adolescent Mental Health*, 24 (3), 251–258. DOI:10.1111/camh.12323
- **Dardas, LA.,** Xu, H., Shawashreh, A., Franklin, M., Wainwright, K., & Pan, W. (2019). Psychometric Properties and Factor Structure of the Center for Epidemiologic Studies Depression Scale in a National Sample of Arab Adolescents. *Issues in Mental Health Nursing*, 40 (5), 437-443. DOI:10.1080/01612840.2018.1534912.
- Hassona, Y., Qutachi, T., **Dardas, LA.,** Al Rashdan, M. & Sawair, F. (2019). The Online Attention to Oral Cancer Research; An Altmetric Analysis. *Oral Diseases*. DOI:10.1111/odi.13111.
- Ni, Z., **Dardas, LA.,** Wu, B., & Shaw, R. (2019) Cardio-Protective Medication Adherence among Patients with Coronary Heart Disease in China: A Systematic Review. *Heart Asia*, 11 (2). doi: 10.1136/heartasia-2018-011173
- Jarrar, M., Al-Bsheish, M., **Dardas, LA.,** Meri, A. & Minai, M. (2019). Adverse-Events in Malaysia: Associations with Nurse's Ethnicity and Experience, Hospital Size, Accreditation and Teaching Status. *International journal of health planning and management*. DOI:10.1002/hpm.2822
- **Dardas, LA.,** Woodward, A., Xu, H., Scott, J., & Sawair, F. (2018). Measuring the Social Impact of Nursing Research: An Insight into Altmetrics. *Journal of Advanced Nursing*, 75, 1394- 1405 doi: 10.1111/jan.13921.
- **Dardas, LA.,** Sawair, F., Nabolsi, M., & Simmons, L.A. (2018). Nursing Research in the Arab Region: A Scopus Bibliometric Analysis. *International Journal of Nursing Practice*, 25, 1-11. DOI:10.1111/ijn.12716.
- **Dardas, LA.,** Silva, S., Scott, J, Gondwe, K., Smoski, M., Noonan, D., & Simmons, L. (2018). Do Beliefs about Depression Etiologies Influence the Type and Severity of Depression Stigma? The Case of Arab Adolescents. *Perspectives in Psychiatric Care*, 54, 547–556. DOI: 10.1111/ppc.12270.

- Myers, P., Shoqirat, N., Allen, D., **Dardas, LA.**, (2018). Patients with Diabetes Observing Ramadan: The Experience of Muslims in the United States. *Diabetes Research and Clinical Practice*, 150, 282-287. DOI: 10.1016/j.diabres.2018.12.011.
- **Dardas LA.**, van de Water, B. & Simmons, L. A. (2018). Parental Involvement in Adolescent Depression Interventions: A Systematic Review of Randomized Clinical Trials. *International Journal of Mental Health Nursing*, 27 (2), 555–570. DOI: 10.1111/inm.12429.
- **Dardas, LA.**, Silva, S., Smoski, M., Noonan, D., & Simmons, L. (2018). The prevalence of depressive symptoms among Arab adolescents: findings from Jordan. *Public Health Nursing*, 35, 100-108. DOI: 10.1111/phn.12363.
- Shoqirat, N., Mahasneh, D., **Dardas, LA.**, Singh, C., & Khresheh, R. (2018) Nursing Documentation of Postoperative Pain Management: A Documentary Analysis. *Journal of Nursing Care Quality*. DOI: 10.1097/NCQ.0000000000000372
- **Dardas, LA.**, Silva, S., Smoski, M., Noonan, D., & Simmons, L. (2017). Adolescent Depression in Jordan: Symptoms Profile, Gender Differences, and the Role of Social Context. *Journal of Psychosocial Nursing and Mental Health Services*, 56(2), 44-55. DOI: 10.3928/02793695-20171027-04.
- **Dardas, LA.**, Silva, S., Smoski, M., Noonan, D., & Simmons, L. (2017). Personal and Perceived Depression Stigma among Arab Adolescents: Associations with Depression Severity and Personal Characteristics. *Archives of Psychiatric Nursing*, 31 (5), 499-506. DOI:10.1016/j.apnu.2017.06.005.
- **Dardas, LA.**, Silva, S., Vance, A., Sullivan, B., Smoski, M., Noonan, D., & Simmons, L. (2017). Psychosocial correlates of Jordanian adolescents' help-seeking intentions for depression: a nationally representative school survey. *Journal of School Nursing*, 35 (2), 117-127. DOI: 10.1177/1059840517731493.
- **Dardas, LA.**, Silva, S., Noonan, D., & Simmons, L. (2017). Studying Depression among Arab Adolescents: Methodological Considerations, Challenges, and Lessons Learned from Jordan. *Stigma and Health*, 3(4), 296-304.
- Mayers, P., & **Dardas, LA.** (2017). Ramadan Fasting and Diabetes Management among Muslims in the United States: An Exploratory Study. *Journal of Muslim Minority Affairs*, 37(2), 233-244.
- **Dardas, LA.**, Bailey, D., and Simmons L. (2016). Adolescent Depression in the Arab Region: A Systematic Literature Review. *Issues in Mental Health Nursing*, 37 (8), 569-589.
- **Dardas, LA.**, Silva, S., Noonan, D., & Simmons, L. (2016). A Pilot Study of Depression, Stigma, and Attitudes towards Seeking Professional Psychological Help among Arab Adolescents. *International Journal of Adolescent Medicine and Health*. 1-8. DOI: 10.1515/ijamh-2016-0070
- Noonan, D., **Dardas, LA.**, Bice-Wigington, T., Sloane, R., Benjamin, R., Choi, S. H., & Simmons, L. A. (2016). Understanding Multiple Behavioral Risk Factors for Cancer in Rural Women. *Public Health Nursing*, 33(6), 519-528.
- **Dardas, LA.**, & Simmons, L. (2015). The stigma of mental illness in Arab families: a concept analysis. *Journal of psychiatric and mental health nursing*, 22(9), 668-679.
- **Dardas LA.** & Ahmad, M. (2015). Myths and Misconceptions about Cancer: Findings from Jordan. *Medicine Journal*, 2(6), 88-93.
- **Dardas, LA.**, & Ahmad, M. (2015). Coping strategies as mediators and moderators between stress and quality of life among parents of children with Autistic Disorder. *Stress and Health*, 31(1), 5-12
- **Dardas LA.** & Ahmad, M. (2015). For Fathers Raising Children with Autism, Do Coping Strategies Mediate or Moderate the Relationship between Parenting Stress and Quality of Life?. *Research in Developmental Disabilities*, 36, 620-629.
- Ahmad, M., **Dardas LA.**, Dardas, L., & Ahmad, H. (2015). Colorectal cancer in Jordan. *Global Health Promotion*, 22(4), 39-47. DOI 10.1007/s13187-014-0698-7.
- **Dardas LA.** & Ahmad, M. (2015). The Hidden patients: Fathers of children with autism. *Journal of Intellectual and Developmental Disability*, 40 (4), 368-375.
- **Dardas, L.**, & Ahmad, M. (2014). Quality of life among parents of children with autistic disorder: A sample from the Arab world. *Research in Developmental Disabilities*, 35, 278–287.
- Ahmad, M., & **Dardas, LA.** (2015). *Nursing in the Arab world: An aspiration for a culturally-sensitive model*. In J. J. Fitzpatrick & A. L. Whall (Eds.). *Conceptual models of nursing: Global perspectives*. Upper Saddle, NJ: Pearson.
- Ahmad, M., **Dardas LA.**, & Ahmad, H. (2015). Cancer Prevention and Care: a National Sample from Jordan. *Journal of Cancer Education*, 30(2), 301-311

- **Dardas LA.,** Ahmad M. (2014). Psychometric Properties of the Parenting Stress Index with Parents of Children with Autistic Disorder. *Journal of Intellectual Disability Research, 58*(6), 560-571 DOI: 10.1111/jir.12053
- **Dardas, LA.,** & Ahmad, M. (2014). Psychosocial correlates of parenting a child with Autistic Disorder. *The Journal of Nursing Research, 22*(3), 183-191.
- **Dardas, LA.,** & Ahmad, M. (2014). Predictors of Quality of Life for Fathers and Mothers of Children with Autistic Disorder. *Research in Developmental Disabilities, 35*(6), 1326-1333.
- **Dardas, LA.,** & Ahmad, M. (2014). Validation of the World Health Organization's Quality of Life Questionnaire with Parents of Children with Autistic Disorder. *Journal of Autism and Developmental Disorder, 44*(9), 2257-2263.
- **Dardas, LA.** (2014). *Arab Parents of Children with Autism*. LAP Lambert Academic Publishing: Deutschland / Ger. ISBN: 978-3-659-55215-1.
- **Dardas, LA.** (2013). Stress, Coping Strategies and Quality of Life among Jordanian Parents of Children with Autistic Disorder, *Autism 4*, 127.
- **Dardas, LA.** (2014). Psychological health for parents of children with autistic disorder in Jordan. *Global Journal on Advances Pure and Applied Sciences, 4*, 163-164.
- Hamdan A., **Dardas LA.,** & Nawafleh H. (2011). Psychosocial predictors of anger among university students. *Children and Youth Services Review 34*, 474–479.

EDITORIAL BOARDS MEMBERSHIP

- Active Board Member for *The Journal of Psychiatric and Mental Health Nursing*: ISI journal ranked the most cited mental health nursing journal internationally. www.wileyonlinelibrary.com/journal/jpm.



RESEARCH PROJECTS: PRINCIPAL INVESTIGATOR

- Adaptation of an Internet-Based Depression Prevention Intervention for Jordanian Adolescents: A Repeated Measures Randomized Clinical Trial. Funded by the University of Jordan.
- A nationally representative survey of clinically significant adolescent depression symptoms in Jordan: associations with depression stigma, depression etiological beliefs, and likelihood to seek help for depression. Funded by The Sigma Theta Tau International (STTI), The Council for Advancement of Nursing Science (CANS), Duke University Graduate School, and Duke University School of Nursing.
- Stress, Coping Strategies and Quality of Life among Jordanian Parents of Children with Autistic Disorder. Funded by the University of Jordan.

MEDIA APPEARANCE

- Time management during waiting periods. Alrai Newspaper (2018). <http://alrai.com/article/10446230/أبواب/ما-علاقة-العدسة-السيكولوجية-بالانتظار>
- Psychosocial impacts of cross-cultural marriage. Alrai Newspaper (2018). <http://alrai.com/article/10447174/أبواب/الزواج-من-جنسية-أخرى-يتطلب-مهارات-تكيف-كبيرة>
- Autism: Definition, symptoms, treatment, and parental support. Alrai Newspaper (2018). <http://alrai.com/article/10447974/أبواب/طفلي-مصاب-بالتوحد-كيف-أتعامل-معه>
- The spoiled child. Alrai Newspaper (2018). <http://alrai.com/article/10449285/أبواب/طفلي-المدلل-كيف-أتعامل-معه>
- Child health: overeating. Alrai Newspaper (2018). <http://alrai.com/article/10450290/أبواب/طفلي-شده-كيف-أتعامل-معه>

- Child health: poor appetite. Alrai Newspaper (2018).
<http://alrai.com/article/10451556/الأطفال-الشهية-لدى-الأسباب-المرضية-لضعف-الشهية-لدى-الأطفال>
- Child health: E-games. Alrai Newspaper (2018).
<http://alrai.com/article/10452493/أبواب/أفلام-الكرتون-العنيفة-هدم-لشخصيات-الأطفال>
- Pessimism. Alrai Newspaper (2018).
<http://alrai.com/article/10457438/أبواب/لماذا-يلزم-النحس-بعض-الأشخاص>
- Impact of political news on children's wellbeing. Alrai Newspaper (2018).
<http://alrai.com/article/10459638/أبواب/كيف-تهدد-نشرات-الأخبار-أطفالنا>
- Adolescent depression: TV interview: Yaman Shabab (2018).
https://youtu.be/FJ2D_ABXbN4
- Creativity: TV interview: Alordonyoom (2019).
<https://youtu.be/NUpm915rgJc>
- Juvenile Delinquency: TV interview: Alordonyoom (2019).
<https://youtu.be/8kPt75akYb8>

HONORS AND AWARDS

- 2020: JU Top Cited Researchers in Scopus Award.
- 2018: Ranked Number One according to JU Highly Cited Young Researchers.
http://www.ju.edu.jo/Lists/UJRankingList/Disp_Form_New.aspx?ID=118
- 2018: Publons Global Peer Review Award.
- 2018: Honorable mention for the 2017 American Association of Colleges of Nursing (AACN) Outstanding Dissertation Award.
- 2017: Duke University School of Nursing Distinguished Dissertation Award
- 2017: The Rising Stars Award for Excellence in Nursing Scholarship/ STTI
- 2017: Duke University School of Nursing Best Poster Award
- 2017: Featured by the STTI major outlets as one of the most successful nursing young researchers
- 2016: The Sigma Theta Tau International/ The Council for Advancement of Nursing Science Research Grant Award (awarded annually to one candidate across all united states)
- 2016: VIFRA Young Women Achiever International award-India (Nursing Category)
- 2015: The Scientific Society of Arab Nursing Faculties award for best thesis in the Arab world
- 2015: VIFRA Young Scientist International Award-India (Nursing Category)
- 2015: Duke University Graduate School Fellowship Research Award.
- 2015: Duke University School of Nursing PhD Program Pilot Research Grant.
- 2015: Selected by the Robert Wood Johnson Foundation's NCIN Doctoral Advancement in Nursing Project to serve as a research mentor for prospective doctoral nursing students.
- 2014-2017: Scholarship from the University of Jordan and Duke University (PhD)
- 2014: Ali Mango Award for the Distinguished Researcher in Jordan/Graduates
- 2014: The University of Jordan President Honor List Award/Graduates
- 2013: Certificate of Appreciation for the work as liaison officer for quality affairs at the University Of Jordan School Of Nursing and launching the school's official website
- 2010-2012: Scholarship from the University of Jordan (MSN)
- 2010: The Jordanian Nurses and Midwives Council Shield for Excellence in Voluntary Work.
- 2009: The University of Jordan Certificate for Scientific Excellence
- 2009: Dr. Jehad Al-Halaby Award for Scientific Excellence
- 2009: The Jordanian Nursing Council Award for Scientific Excellence
- 2009: Her Royal Highness Princess Muna Al-Hussein Shield for Scientific Excellence
- 2009: The University Of Jordan School Of Nursing Honor List Award
- 2006-2009: The University of Jordan Honor List Award for Scientific Excellence

JOURNAL REVIEWER

- Journal of Advanced Nursing [ISI]
- Child and Adolescent Mental Health [ISI]
- Research in Developmental Disabilities [ISI]
- Journal of Autism and Developmental Disorders [ISI]
- Autism Research [ISI]
- Archives of Psychiatric Nursing [ISI]
- Journal of Psychiatric and Mental Health Nursing [ISI]
- Stress and Health [ISI]

PROFESSIONAL IDENTIFIERS



<http://eacademic.ju.edu.jo/l.dardas/default.aspx>



<https://scholar.google.com/citations?user=EcI5czcAAAAJ&hl=en&oi=ao>



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www.linkedin.com/in/latefa-dardas-39a054160



https://www.researchgate.net/profile/Latefa_Dardas



<https://www.growkudos.com/profiles/236194>



<https://www.scopus.com/authid/detail.uri?authorId=54794876100>



<https://www.mendeley.com/profiles/latefa-dardas/>

CONFERENCES

- Podium presentation at The Third Regional Adolescent Health Conference: Investing in Healthier Generations. Amman. December, 2019.
- Keynote Speaker: The Jordanian Conference on National Strategies for Juvenile and Child Protection. Amman. March 2019.
- Panel Discussion: Zarqa University Third Scientific Day “Empowering Nurses toward Improving Quality Care”. Zarqa. March 2019.
- Webinar presentations at Duke University ‘Exploring Global Patterns of Health and Illness” Summer Programs. August 2017.
- Podium presentation at the Council for the Advancement of Nursing Science international conference. Washington DC. September 2016.
- Podium presentation at Duke University School of Nursing Pre-and Post-Doctoral Conference. February 2016.
- Poster presentation at the Council for the Advancement of Nursing Science international conference. Washington DC. October, 2015

- Poster presentation at the SNRS 29th Annual Conference. Florida, February, 2015.
- Podium presentation at the World Conference on Health Sciences conference. Antalya, Turkey, April 2014.
- Podium presentation at The fifth refereed conference for theses and dissertations research. The University of Jordan-April 16-17, 2014
- Keynote speaker at ‘Autism: Towards more challenges’ Conference. The University of Jordan-April, 2, 2014.
- Poster presentation at the International Conference on Psychology, Autism and Alzheimer's Disease. San Antonio, September, 2013.
- Podium presentation at the Third International Nursing Conference. Jordanian Nursing Council. April, 2010.

MEMBERSHIP

- 2017-current: Psychological Sciences Association, Vice president.
- 2018-current: Sigma Theta Tau International (Psi Kappa).
- 2015-current: Sigma Theta Tau International (Beta Epsilon).
- 2015-current: American Council for Advancement of Nursing Science.
- 2015-current: Southern Nursing Research Society.
- 2015-current: Robert Wood Johnson Foundation’s NCIN Doctoral Advancement in Nursing.
- 2015-current: Elected by the membership of the Beta Epsilon Chapter of Sigma Theta Tau International to represent the Leadership Succession Committee.

TRAINING COURSES AND CREDENTIALS

- Narrative Exposure Therapy (2019).
- Torture Victims: Assessment and Intervention Strategies (2019).
- Standard Operating Procedures for Psychosocial Interventions (2019).
- Intervention Skills for Survivors of Gender-Based Violence (2019).
- Clinical Management of Rape- CMR (2019).
- The Psychology of Depression and Suicide (2018).
- Competent Adulthood Transition with Cognitive-behavioral, Humanistic and Interpersonal Training-CATCH-IT (2018).
- CBT Online Therapist (2018).
- Simulation: An Approach to Teaching and Learning (2018).
- ALS for Healthcare Providers-American Heart Association (2017).
- BLS for Healthcare Providers-American Heart Association (2017).
- Tableau to visualize research data (2017).
- Full credentials as psychiatric and mental health nurse with specialization in the assessment and management of childhood psychiatric disorders (North Carolina, 2015).
- Data analysis with JMP software (2016).
- Media training-Elevator speeches (2016).
- Advanced statistics in health research (2015-2017).
- The specialized Health Insurance Portability and Accountability Act (HIPPA) training (2015).
- The informed consent (2015).
- Detecting plagiarism in research publications using internet cross-match (2015).
- Electronic referencing systems (Endnote 7, 2015).
- ATLAS. Ti. 7.0 (2014).
- E- Content Development using Camtasia and articulate software (2012).

- Statistical methods in health field (2012).
- E-learning: Moodle/Blackboard (2012).
- Statistical Analysis using SPSS for windows program (2010).
- Scholarly Writing (2010).
- The federation of Islamic medical associations course for preparing lecturers in Islamic sexual education (2010).
- Item test writing and clinical teaching and evaluation (2010).
- Teaching methods (2009).
- Microsoft office tools and Windows applications (2006).

LANGUAGES

- Arabic (Native).
- English (Fluent: Writing, Speaking, and Reading).
- French (Fair: Writing, Speaking, and Reading).

REFERENCES

Leigh Ann Simmons, PhD, M.F.T.
Professor and Chair, Department of Human Ecology, University of California, Davis
Email: lasimm@ucdavis.edu

Marion E. Broome, PhD, RN, FAAN
Dean of the School of Nursing; Vice Chancellor for Nursing Affairs, Duke University; and
Associate Vice President for Academic Affairs for Nursing, Duke University Health System
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