

C.V.

Dr Ekhlal Al Gamal
Associate Professor, The University of Jordan, Jordan
and, Honorary Research Fellow, University of Salford, UK
Faculty of Nursing
University of Jordan
Amman-Jordan
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Qualifications

PhD (University of Salford, UK, 2009)
MSc Critical Care Nursing (The University of Jordan, 2005, 1st in class)
BSc General Nursing (The University of Jordan, 2002, 1st in class)
RGN Registered General Nurse (Jordanian Nursing and Midwifery Council, 2002)

Research Interest

Psychiatric and Mental health nursing (Adult and children)
Patient's psychological distress of living with acute or chronic illnesses.
Caregivers' psychological-wellbeing and their experiences.
Anticipatory grief

Teaching experiences

Psychiatric and Mental Health Nursing (PMHN): **BSc**
Trends, Issues and Ethical consideration in Nursing: **BSc**
Advanced Psychiatric/Mental Health Nursing: **Master**
Loss, Grief and Death: BSc
Introduction to Nursing Profession: BSc

Publications

Al-Gamal, E. & York, J. (2014). Perceived breathlessness and psychological distress among patients with COPD and their spouses. ***Nursing & Health Sciences.*** **16**, 103–111

Al-Zayyat, A. & **Al-Gamal, E** (2014) A review of the literature regarding stress among nursing students during their clinical education. ***International Nursing Review.*** Accepted in press.

Al-Zayyat, A. & **Al-Gamal, E** (2014) Perceived Stress and Coping Strategies Among Jordanian Nursing Students During Clinical Practice in Psychiatric/Mental Health Course. ***International Journal of Mental Health Nursing.*** **23**, 326-335. doi: 10.1111/inm.12054

Al-Gamal, E., & Yorke, J (2014) Dyspnea-12-Arabic: Testing of an instrument to measure breathlessness in Arabic patients with chronic obstructive pulmonary disease. *Heart & Lung*, 43 (2014) 244-248.

Al Gamal, E., Hamdan-Mansour, A., Matrook, R., & Al Nawaiseh, M (2013). The psychosocial impact of child labour in Jordan: a national study *International Journal of Psychology*. 48 (6), 1156–1164.

Al- Gamal, E. & Long T. (2013) The MM-CGI Cerebral Palsy: modification and pre-testing of an instrument to measure anticipatory grief in parents whose child has cerebral palsy. *Journal of Clinical Nursing*. doi: 10.1111/jocn.12218

Johnson, M., Attree, M., Jones, I., **Al-Gamal, E. (2013)** Diagnosis, prognosis and awareness of dying in nursing homes: towards the Gold Standard. *International Journal of Older People Nursing*. 9, 95–105

Al-Gamal, E. (2013) Quality of life and anticipatory grieving among parents living with a child with cerebral palsy. *International Journal of Nursing Practice*. 19(3), 288-294

Hamdan-Mansour, A. **Al-Gamal, E.** Sultan, M., Matrook, R., & Nawayseh, M. **(2013)** Health status of working children in Jordan: Comparison between working and nonworking children at schools and industrial sites. *Open Journal of Nursing*, 3 (1), 55-62

Al-Gamal, E. & Long, T. (2013) Psychological distress and perceived support among Jordanian parents living with a child with cerebral palsy: a cross sectional study. *Scandinavian Journal of Caring Sciences*, 27; 624–631

Hamdan-Mansour, A., **Al-Gamal, E.**, Puskar, P., Yacoub, M., Marini, A. **(2011).** Mental health nursing in Jordan: An investigation into experience, work stress and organizational support. *International Journal of Mental Health Nursing*. 20 (2); 86-94

Al-Gamal, E. & Long, T. (2010). Anticipatory grieving among parents living with a child with cancer. *Journal of Advanced Nursing*, 66 (9).1980-1990.

Al-Gamal, E. ,Long, T. & Livesley, J (2009). Development of a Modified Instrument to Measure Anticipatory Grieving in Jordanian Parents of Children Diagnosed With Cancer. *Cancer Nursing*, 32, 3.

Published books/Report

Ahmad, M., **Al-Gamal, E.**, Othman, A., Nasrallah, I. **(2011)**. Knowledge, Attitudes and Practices towards Cancer Prevention and Care in Jordan. **National Survey. Jordan**

Hamdan-Mansour, A., **Al Gamal, E.**, Matrook, R., & Al Nawaiseh, M **(2011)**. The physical and psychosocial Impact of child labour in Jordan: **National study. National Council for Family Affairs Report.** Jordan

Long T, Livesley J, Devitt P, Murphy M, Fallon D, **Al Gamal E. (2008)** Evaluation of family support and enabling services provided by Old Trafford Community School for Trafford Sure Start Children's Centres. Trafford Children and Young People's Service **(CYPS) UK.**

Long, T. Fenton, G. and **AL-Gamal, E. (2008)** Evaluation of the Blackpool Parenting Programmes. **Blackpool Childrens' Trust. UK.**

Presentations and abstract publications

Speaker at the 4th World Conference on Psychology, Counseling and Guidance, WCPCG. Istanbul-Turkey, 24-26 May, **2013.**

Speaker at 6th International Conference of the Royal Medical Services. Dead Sea-Jordan. 19-22 Nov **(2012).**

Speaker at the International Royal College of Nursing Conference (RCN)/ UK. "Perceived stress and social support among Jordanian parents living with a child with cerebral palsy". 16May **(2011)**

Speaker at the International Royal College of Nursing Conference (RCN). The 'conversation': developing confidence to provide end of life care in nursing home" 18 May **(2011)**

Speaker at the International Royal College of Nursing Conference (RCN). "Psychosocial impact of child labour in Jordan: a national study". 17 May **(2011).**

Speaker at the International Nursing Forum Global Partnership in Nursing April 19-20, **2011**, Amman- Jordan

Speaker at the 21st International Net working Education in Health care conference. The end of life care continuum: ethics and pragmatics for health

professional education. **The University of Cambridge, UK: 7-9/ September, (2010)**

Speaker at the Scientific Day at the Faculty of Nursing the University of Jordan. 13 May **(2010)**

Speaker at the Third Regional Congress of Cancer and Blood Disorders of Children. **JSPO**. Amman-Jordan, April 17th, **(2010)**

Speaker at the Third International Conference, JNC : The Heart of the Matter: Relevance of Nursing Responsiveness. **Amman-Jordan 27-28 April (2010)**

Speaker at the International Royal College of Nursing Conference (RCN) in **Cardiff, UK April (2009)**

Speaker at the International Royal College of Nursing Conference (RCN) in **Liverpool, UK April (2008)**

Speaker at the North West Musculoskeletal Clinical Research and Audit Symposium. **Wrightington Hospital. UK March (2006).**

Speaker at the Bolton Forum Festival of Research in the Health and Social Care. Bolton. **UK. May (2006)**

Conference organization

Salford Postgraduate Annual Research Conference, University of Salford, UK. May 2008.

Member of advisory committee of the Royal college of Nursing **International conference** 2010- until now. UK.

Member of advisory committee of the International Nursing Forum Global Partnership in Nursing April 19-20, **2011**, Amman- Jordan

Member of the International Scientific Committee of UK Association of Chief Children's Nurses (ACCN)- International Conference –Jersey 2014

Titles & Committees:

- Head of scholarship committee at the Faculty of Nursing/ The University of Jordan 2013-2014
 - Member of the University and community committee at Faculty of Nursing/ the University of Jordan 2012-2013
 - Member of CYP@Salford research group 2013-until now
 - Head of psychiatric and mental health section at Faculty of Nursing/ the University of Jordan 2010.

- Member of advisory committee of the Royal college of Nursing
International conference 2010- until now
- Member of the scientific and steering committee at the ***International Nursing Forum Global Partnership in Nursing*** April 19-20, 2011
- Coordinator of international collaborations between the University of Jordan Faculty of Nursing and other universities in UK, USA, and Sweden. 2010-2012
- Liaison person of international collaboration between the University of Salford and the University of Jordan (Faculty of Nursing) 2010 until present
- Head of BSc Graduates' Committee., Faculty of Nursing/ UJ 2010
- Member of scientific committee at the Faculty of Nursing/UJ 2010-2011
- Member of the Curriculum Development Committee at the Faculty of Nursing/UJ 2009/2010
- Member of the Quality Affair Committee, Faculty of Nursing/UJ 2009/2011.
- Member of the Breathlessness Research Interest Group (BRIG)/UK (2010- present).

Honour and Award

- Distinguished BSc student Award (**first in class-2002**)/ Faculty of Nursing-University of Jordan
- Scholarship from the University of Jordan (MSc) (**2003-2005**)
- Distinguished MSc student Award (**first in class-2005**) / Faculty of Nursing-University of Jordan
- Scholarship from the University of Jordan (PhD) (**2005-2009**)
- Best poster prize at Third Regional Congress of Cancer and Blood Disorders of Children. Jordan Society of Pediatric Oncology. **JSPO. 2010**
- Best poster prize at **International Royal College of Nursing Conference** (RCN) in Liverpool, UK 8th -11th of April **2008**
- Best oral presentation at Postgraduate Research in Science and Medicine (North west UK) (**PRISM 2008**) conference which took place in Liverpool.

- Best oral presentation at Postgraduate Research in Science and Medicine (North west UK) (**PRISM 2007**) conference which took place in Chester

Funded Projects national and international:

- Internet addiction among University students in Jordan. The University of Jordan. JD3000. (September 2013-September 2014)
- Psychosocial well-being and quality of life among Jordanian parents living with a child with cerebral palsy. The University of Jordan. JD3000 (September 2010-September 2011). **Main researcher.**
- Depressive Symptoms in Jordanian patients with ESRD. The University of Jordan. JD 3000. Co-researcher
- Psychosocial and physical impact of child labour in Jordan: a national study. National study. National Council for Family Affairs Report. JD32.000 (February 2009- May 2010). Co-researcher.
- Knowledge, Attitudes and Practices towards Cancer Prevention and Care in Jordan: A National Survey. The King Hussein Institute for Biotechnology & Cancer (KHIBC). JD 100.000 (2010-2011). Co-researcher
- End of life care in nursing homes. (Salford/UK). Burdett Trust for Nursing. 49.000 Pounds (2009-2010). Co-researcher
- Living with breathlessness. (UK). Action Medical Research. 6.700 Pounds (2008-2009). Co-researcher

Community activities:

- Member of the University and Community committee at the University of Jordan- Faculty of Nursing (2012-2013).
- Visiting Al-Amal centre for children with physical disabilities in Ramtha (11/2012) (*Health education and activities*)
- Representative of parents in the University of Jordan Kids garden
- Coordinator of international collaborations between the University of Jordan Faculty of Nursing and other universities in UK, USA, and Sweden. 2010-2012
- Presentation of 4 lectures in different places at the south of Jordan targeted the adolescents in collaboration with the Japan International Cooperation Agency (JICA). "Adolescents and maturity". March and April 2010.

- Counseling sessions targeting abused women to improve the psychosocial well-being of the women in Hitten campus. 4 days in October-Novemebr 2009.

Thesis supervision

Supervision of master student thesis title: "Perceived Stress and Coping Strategies among Jordanian Nursing Students During Clinical Practice in Psychiatric/Mental Health Course". Novemebr, 2012 until July 2013.

Journal Review

-Reviewer at the Scandanavian Journal of Caring Sciences (ISI Journal) 2011-until now

- Reviewer at Journal of Clinical Nursing (ISI Journal) 2013-2014

-Reviewer at the Journal of Child Health Care (ISI Journal) 2013-2014

Workshops attendance

Staff Development Workshops: 26 August-17 September 2012; Centre for Educational Development. (50 hours).

Statistical Methods in the Health Field: 10 June- 1 July 2012; Centre for Educational Development. (30 hours).

Relationship with colleagues and students

I had excellent relationship between me and my colleagues and students. The student evaluation was 93% in 2012.