

Personal Information

Name	Manar Mathher Al Nabolsi (Nabulsi)
Place and date of birth	Nablus, June, 1 st ., 1960
School	Nursing
Department	Clinical Nursing

Qualifications

Qualification	Specialization	University of donor rank	Date
BSc in Nursing -	Nursing	The University of Jordan	1977 - 1981
Post graduate Diploma, Educational Diploma in Research and Teaching Assistance, Faculty of Education	Education	The University of Jordan	1985 - 1989
MSc in Nursing	Nursing - Education	The University of Jordan	1986 - 1989
PhD in Nursing	Adult Nursing	Faculty of Medical Education and Health– North East Wales Institute of Higher Education University of Wales, UK	1998-2004
Clinical Nurse Specialist Certificate	Diabetes Education	Jordanian Nurses Council	2016-2021

Specialization and domain of interest**Title and abstract of the doctoral thesis (within 150 words)****Rehabilitation as a Second Chance: The Lived****Experience of Coronary Heart Disease Patients**

This thesis describes the setting up of a cardiac rehabilitation programme in Jordan and explores patients' perceptions of the rehabilitation process. Using published literature, mainly Western, a cardiac rehabilitation programme was designed and implemented in a large teaching hospital in Amman, the capital of Jordan. At the same time a research strategy, designed to explore post cardiac trauma patients' perceptions of their situation and the cardiac programme, was undertaken. Using a hermeneutical phenomenological orientation, the research explored what cardiac rehabilitation meant to these patients. A purposeful sample of 20 male participants was selected and their perceptions were explored, using semi- structured interviews, on two occasions; firstly, 6 weeks after hospital discharge and then 12 weeks after discharge. Interviews were audio taped, transcribed and translated. Data was analysed using both a thematic analysis and a more 'grounded' constant comparative method to ensure that the themes were more clearly grounded in the patients' articulation of their situation. As a result of this more rigorous analysis, six themes emerged from the data relating to *Rehabilitation as a second chance; Illness increased their health awareness; Faith and rationale empowered them to change; Restructuring normality facilitated their adjustment; Informed choices of lifestyle changes and Social context and support had the major influence in decision- making.* The findings suggest that their faith and the cardiac rehabilitation programme played a central role in the patients' acceptance of their personal responsibility in promoting their future health. In addition, it provides the basis for developing a culturally sensitive health promotion programme for initiating and maintaining a healthy lifestyle in this population.

Career Experience

Job Title	Place of work	Date
Dean-School of Nursing Associate Professor	School of Nursing-The University of Jordan	September, 4 th . 2016- Present

Associate Professor Vice Dean Chairperson for the graduate studies	School of Nursing-The University of Jordan	November, 2012- September, 3, 2016
Assistant professor Vice Dean Chairperson for the graduate studies committe	Clinical Nursing Department-School of Nursing- The University of Jordan	September, 2011-Nov., 2012
Assistant professor	Clinical Nursing Department-School of Nursing-The University of	Dec.4 th ., 2009-August, 2011
Assistant Professor Acting Dean of Faculty of Nursing	Clinical Nursing Department-School of Nursing-The University of Jordan	Aug, 28 th 2009–Dec. 3 rd , 2009
Assistant Professor- Vice Dean Chairperson for the graduate studies committee	Clinical Nursing Department-School of Nursing-The University of Jordan	Aug.,2006- Aug, 27 th 2009
Assistant professor Assistant Dean for Clinical Training	Clinical Nursing Department-School of Nursing-The University of	Aug, 2004-July, 2006
Tutor (Lecturer)	Clinical Nursing Department-School of Nursing-The University of	Sept, 1989 –July, 2004
Teaching and Research Assistant	Clinical Nursing Department-School of Nursing-The University of	Sept., 1982 –Aug., 1989
Staff Nurse	University of Jordan Hospital	Aug,1981 – Aug, 1982

Administrative works and committees
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Administrative work and committee	Date
Dean- School of Nursing	<i>September, 2016 -present</i>
Vice Dean	<i>September, 2011- September, 2016</i>
Chairperson for the graduate studies committee	<i>Aug.,2006- Aug, 27th, 2009</i>
Acting Dean	<i>Aug, 28th 2009–Dec. 3rd, 2009</i>
Assistant Dean for Clinical Training	<i>Aug, 2004-July, 2006</i>
Executive Board member/ Jordanian Nursing Council	2017-2019
Member -National committee for Nursing and Midwifery Licensure ExaJordaninn Nursing Council- Amman-Jordan	2019-present
Executive Board member / Scientific Society of Arab Nursing Faculties	2017-2019
Committee member “ Specialized Diabetes Nursing Committee” Jordanian Nursing Council. Establishing scopeof practice, standards and competencies for Diabetes Nurse Specialist and Advanced Diabetes Nurrse Specialists	2015-present
Reviewer of a nursing school for accreditation by the Higher Education Accreditation Commission	2012-2014 2017-2018
Member in the Local Review Board (Jordan)-Human Subject ethics reviewer-Independent Study Abroad project (Students from USA Universities and Jordan)	2014-present

Steering Committee 6 th . International Nursing Conference, Jordanian Nursing Council "	2016-2017
Scientific committee member and session moderator of the 5 th . International Nursing Conference, Jordanian Nursing Council " Transforming Quality Nursing Care: Promise and Potential"	22-23/4/2015
Member at the "National Committee for Palliative Care in Jordan" Ministry of Health	2013-present
Steering committee member" The Second Palliative Care Conference	7-8/12/2016
Project Manaager Advanced training Course on " Community based Psychosocial Support for Syrian Refugees in Host communities" In-Service training	" A project Funded the Project for Psychosocial Support and Trauma Work in Jordan of the Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) -School of Nursing-center for consultation and Training the University of Jordan, Amman, 2018-2019
Member At the Steering Committee "Development Of National strategies for Sexual and Reproductive Health 2020-2024" Higher Population Council, Amman, Jordan	2019-present

Publications

Name of researcher	Research title, Publisher, Date
Hamdan, F. R., Shishani,K, Nabolsi, M. Froelicher, E. S	Delay Times and Decision Making Processes in Acute Myocardial Infarction: A Qualitative Literature Review. Jordanian Medical Journal Vol. 44 (4):447-455) (2010).
Abu-Moghli, Nabolsi ,M. , Khalaf, and Suliman	Islamic religious leaders' knowledge and attitudes towards AIDS and their perception of people living with HIV/AIDS: a qualitative study. Scand J Caring Sci,(2010).; 24; 655–662
Nabolsi, M. , Carson, A .	Spirituality, illness and personal responsibility: the experience of Jordanian Muslim men with coronary artery disease, Scand J Caring Sci; 25, 716-724(2011).
Abu Moghli, F., Khalaf, I., Tokiko, S., Atsuko, I Nabolsi, M. , &. Sl- Sharairi , B.	Reproductive and Non-reproductive Health Situation of women aged 15 years and above in Southern Jordan, Eastern Mediterranean Health Journal, 8(5), 417-425 (2012)
Nabolsi, M. , Zumot, A., Wardam, L., and Abu-Moghli, F.A	The experience of Jordanian nursing students in their clinical practice. Procedia-Social and Behavioral Journal, 46, 5849-5857 (2012).
Haj-Hassan A. M., Hamdan- Mansour ,A.M.. Zeilani, R.S Nabolsi.M.M .	Femoral sheath removal after cardiac catheterization in the Jordanian hospitals: An explorative study. Health, 2013 Vol.5, No.3, 426-431. doi:10.4236/health.2013.53057
Al-Ashhab, S. Saleh, M , Nabolsi, M. , Al Horani. E	Pressure Ulcer Prevalence among Hospitalized Children in Jordan. Jordan Medical Journal, (J Med J 2013; Vol. 47 (3):241-252)

Al Nazly, E, Ahmad, M., l Musil, C. Nabolsi, M.	Hemodialysis Stressors and Coping Strategies Among Jordanian Patients on Hemodialysis: A Qualitative Study <i>Nephrology Nursing Journal</i> .Issue:July-August 2013 Vol. 40, No. 4
Nabolsi M M. , Abu-Moghli F. A, Khalaf, I. A.	Evaluating a new doctoral program: A Jordanian case study. <i>Procedia-Social and Behavioral Sciences</i> , 141, pp. 210-220 (2014)
Abushaikha, L A. Mahadeen, AbdelKader , Rand. Nabolsi, M.	Academic challenges and positive aspects: perceptions of male nursing students. <i>International Nursing Review</i> . Volume 61, Issue 2, June 2014, Pages: 263–269 (2014).
Nabolsi, M. , Wardam, L.,, AL-Halabi, J.O	Quality of Life, depression, adherence to treatment and illness perception of patients on hemodialysis. <i>International Journal of Nursing Practice</i> , 2015, 21, 1-10
Abuadas, M, Petro-Nustas, W., Bikawi, Z, Nabolsi, M.	Transcultural Adaptation and Validation of Champion's Health Belief Model Scales for Prostate Cancer Screening <i>Journal of Nursing Measurement</i> , 2016 24(2):296-313
Saleh AM, & Nabolsi MM.	Holistic Symptom Management: Modeling the Interaction Phase?": Reaction Paper. <i>J American Science</i> 2016;12(10):1-2]. ISSN 1545-1003 (print); ISSN 2375-7264 (online). http://www.jofamericanscience.org . doi:10.7537/marsjas121016.01.
Abuwardeh, M., Nabolsi M , Khader, Y., Abu Jabra, M., Abuwardeh, Y and Ajlouni, K.	The Association between Cigarette and Waterpipe Smoking with Glycemic Control among patients with T2DM Attending the National Center for Diabetes, Endocrinology and Genetics. <i>Journal of Health, Medicine and Nursing</i> ,2016, vol, 32
Dardas, L.A; Sawair, F. A; Nabolsi, M. and Simmons, L. A .	Nursing research in the Arab Region: A bibliometric analysis. <i>International Journal of Nursing Practice</i> . 2018;e12716. https://doi.org/10.1111/ijn.12716

Atiyeh, H., Nabolsi, M. , Banihani, M & Alsalman, E. Dirasat Accepted , 2017	Wulff's Alignment Model as a Framework to Evaluate the Quality of Nursing Doctoral Education, <i>Dirasat: Educational Sciences</i> . 2019, Vol. 46 Issue 2, p740-748. 9p
Bawadi, H. A., Al-Hamdan , Z.M., Nabolsi , M. , Abu- Moghli, F., Zumot, A. & Walsh, A.	Jordanian Nursing Student and Instructors Perceptions of the Clinical Learning Environment. <i>International Journal of Nursing Education Scholarship</i> . 2019; 20180037 Publisher Walter de Gruyter DOI: 0.1515/ijnes-2018-0037
Maharma D, Safadi R, Ahmad M, Halasa S, Nabolsi M , Dohrn J	Knowledge, Attitudes And Practices Of Syrian Refugee Mothers Towards Sexually Transmitted Infections" <i>International Journal of Women's Health</i> 2019;11 607–615
Nabolsi, M.	Perception of Diabetes Management and Cardiovascular Disease Risk among men with Diabetes: A Qualitative Study Accepted for publication: 29 January 2020 Nursing Open, 2020 DOI: 10.1002/nop2.458 Nursing Open, 2020

Scientific conferences and symposia

Conference Title	Place and date of conference	'Type of participation -
<i>The Second International Nursing Conference "The Less Traveled Road: Search for New Realities"</i> .	Dead Sea, Jordan (April 23rd -24th 2008)	“ Strategic planning for sustainable Doctoral Education” Presenter

<i>Cyprus International Conference on Educational Research.</i>	Middle East Technical University North Cyprus Campus, 08-10 February 20, 2012	Paper presented "The experience of Jordanian nursing students in their clinical
<i>The 4th World Conference on Learning, Teaching and Educational Leadership</i>	, 27-29 October 2013, University of Barcelona, Barcelona -Spain	Paper "Evaluating a new doctoral program: A Jordanian case.
<i>The 6th. Conference on Scientific Research in Jordan,</i>	Amman, 23/11/2013, Jordanian Scientific Research Society, JORDAN	The experience of Jordanian nursing students in their clinical practice. Presenter
<i>Moderator- Advances in Diabetic Foot Care"</i>	School of Nursing, The University of Jordan, Amman April, 27, 2014	Attended-
<i>Scientific day " Integrating the Role of the Clinical Nurse Specialist into Health Care System</i>	" School of Nursing-The University of Jordan, May, 21, 2014	Attended-
<i>The 2nd. International Conference in palliative Care & 1st. in Spiritual Therapy</i>	7-8/Dec., 2016 Amman The University of Jordan & Jordanian palliative care Society	Steering Committee
<i>Research conference "Development of Evidence-based Nursing in an Interdisciplinary Era: Achievements & Prospects.</i>	American University of Beirut- Hariri school of Nursing Oct 6-8, 2016 Beirut-Lebanon-	Attendance
<i>Preparing and empowering nursing graduates to enter the labor market (Symposia)</i>	March, 4, 2017 Khalidi Training Centre	Guest Speaker
<i>Symposium "The role of Nurses in developing, implementing and evaluating health policies</i>	The University of Jordan-School of Nursing Amman-Jordan 19/4/2017	Participant

<i>The Health Policy Forum: "Investing in the Nursing Workforce"</i>	17-18 April 2018 Jordanian Nursing Council Amman, Jordan	Panel –guest speaker
<i>Promoting Women’s leadership in Health: Research Dissemination & Discussion on Barriers and Enablers to Women’s Career Progression to Management Position in Jordan’s Health Sector,</i>	USAID, HRH2030, hikma Amman, 25/6/2018 ,	Participant
<i>Nursing Now" Roundtable Investing in Nurses at the Heart of Health Policy Making: A Paradigm Shift in Nursing Leadership for the 21st Century</i>	17-18 April 2018 Jordanian Nursing Council and WHO Head office Amman-Jordan	Participant
<i>Global Nursing and Midwifery Clinical Research Development Initiative Summit Meeting “ Moving the Agenda forward to Nursing and Midwifery Clinical Research: Strengthening the Bridge between the Southern-Eastern African and Eastern Mediterranean Region</i>	” Columbia University-School of Nursing, Columbia Global Center, Amman, July, 24-25, 2017	Attendance
<i>The Second International Nursing Conference on Transforming Nursing Future: Technology, Innovation, and Collaboration” Sultan</i>	Sultan Qaboos University, College of Nursing- Sultanate of Oman, 4-6, Feb, 2018	Attendance and Moderator-session on Technology
<i>The “9th. International Conference of the Royal Medical Services” and the 22 Nursing Scientific Day, Presentation entitled” Cardiovascular Diseases: The Present and the Future Health Concerns</i>	Dead Sea, Jordan Oct. 31, 2018	Presenter and Moderator of a session
<i>“The importance of Quality Competencies in the Nursing Profession”</i>	Saint Josef University of Beirut, Lebanon Nov. 16, 2018	Panelist

<p><i>Symposium “Syrian Refugee Women in Jordan: Their views of their reproductive health needs” Presented “ Health Related Quality of Life among Syrian Refugee Women in their reproductive age”</i></p>	<p>Columbia University School of Nursing (USA), University of Jordan-School of Nursing at Columbia Global Center in Amman !3/1//2019</p>	<p>Presenter</p>
<p><i>Panel Discussion HERE local activity” Governance and management of health faculties”</i></p>	<p>Higher Education Reform Experts & ERASMUS+ Program Amman-Jordan 7/2/2019</p>	<p>Panelist</p>
<p><i>Conference “Higher Education Teaching Methods Updated in Jordan and Palestine”</i></p>	<p>ERASMUS+ Program of European Union and METHODS The University of Jordan, Amman-Jordan, March, 7, 2019</p>	<p>Attendance</p>
<p><i>Pre-Conference Health policy Council: Thinking about Healthcare and Policy-Building Institutional capacity to support use of Evidence of Policies and Practice through SDG17”</i></p>	<p>Academy of International Business-Middle East North Africa, Amman-Jordan 12-14, March, 2019</p>	<p>Participant</p>
<p><i>Nursing Forum “New Horizons for Transforming Healthcare: Enforcement of Robust Nursing and Midwifery Regulatory Policies”</i></p>	<p>The Jordanian Nursing Council, Amman Jordan April, 23, 2019</p>	<p>Participant</p>

<i>Symposium” Health and Medical Liability law: Implementation from realist perspective</i>	The University of Jordan-School of Nursing Amman-Jordan July, 17, 2019	Attendance
Roundtable Discussion “ <i>The way Forward... Nursing Now Campaign-Jordan</i> <i>Lord Nigel Crisp</i>	Fifth Quality Healthcare Conference , Nov., 12, 2019 Health Care Accreditation Council, Jordan	Participant
Symposium “<i>My Care, My Rights</i>” Patients with Cancer and Cancer survivors	Oct., 20, 2019 The Jordan palliative care and Pain management Society in collaboration with Sigma Theta Tau International- Psi Kappa Chapter in	Attendance
<i>Scientific Committee member International Conference “Technology advancement in nursing education, adherence to evidence base in patient care, endeavour toward interdisciplinary research”.</i>	Alzaytona University Nov, 2020 Amman-Jordan	Member
The First Wellness Conference “ Wellness Jo Conference: Toward health Lifestyle ” Presenter “Recognizing the role of education entities, universities and schools innovation of healthy lifestyle practices	Actness-Al Hussein Cultural Center Feb, 22-23, 2020	Panelist

Training courses

Name of course	Date
Emergency Room Trauma Course (ERCT)" : International Committee of Red Cross, Amman-Jordan	<i>11/5-13/5/2015</i>
CPR	2016
Inter-Professional Education" Workshop Organized by the Faculty of Health Sciences, Beirut Arab University -Beirut, Lebanon	<i>25th of October 2017</i>
Development of Blue Print Nursing Exam" Workshop 2 contact hours Jordanian Nursing council,	Amman, Sep. 12, 2017
Interactive learning Training workshop	17/1/2018
Blended Learning workshop	16/4/2018
Health policy and Economics-Toward Universal Health Coverage Workshop-King Hussein Cancer Center, National palliative Care Initiative TOT	29/4/2018
E-Learning	6/5/2018
Lippincott's Nursing solutions, procedures and Advisor	10/9/2018
Curriculum Development	03/01/2019
Simulation	06/01/2019
TD-O ₂ -009 Biorisk management Curriculum Development-in conjunction with LEIDOS , INC and The University of Connecticut at the University of Jordan-Amman Jordan	6-8 Jan, 2020
Competency based curriculum development	26/1/2020

Teaching activities

Taught Courses	Bachelor	Graduate
Symptom management		<input type="checkbox"/> X
First Aid	<input type="checkbox"/> √	
Socialization into Health Profession	<input type="checkbox"/> √	
Adult Nursing I	<input type="checkbox"/> √	
Foundation of professional Nursing I	<input type="checkbox"/> √	
Pathophysiology	<input type="checkbox"/> √	
Adult Nursing II	<input type="checkbox"/> √	

Emergency and Disaster \nursing		<input type="checkbox"/> √
Health Culture	<input type="checkbox"/> √	

Membership in scientific and professional bodies and societies

Name and place of scientific body and society	Date
Jordanian Nursing and Midwifery council	1981-present
Jordanian Honnor Society Psi Kapa Chapter/Sigma Theta Tau International	2014-present
Member in “ Health System Global”	July, 18-2017- July, 2019
Founding Member (Counselor) of the Jordan Honor Society Charter- Sigma Theta Tau International	2014

Graduate students' supervision

Thesis Title	Student name
Knowledge of palliative care among nurses working in a hospital in the eastern region of the kingdom of Saudi Arabia- Master's thesis	Manal Bakeez
The effectiveness of cardiopulmonary resuscitation training on willingness and competencies of cardiovascular patients in Jordanian community- Master's thesis	Abdulrhman Salameh
The effect of preoperative education intervention on the level of patients' uncertainty anxiety, and pain after coronary artery bypass graft surgery- Doctoral dissertation	Khloud Batarseh
Evaluating the quality of nursing doctoral education as perceived by students, graduates and faculty - Doctoral dissertation	Huda Atyeh
Students at the National Center for Diabetes, Endocrinology and Genetics	

The Association between Cigarette and Waterpipe Smoking with Glycemic Control among patients with T2DM Attending the National Center for Diabetes, Endocrinology and Genetics .Master's thesis	Mohammad Abu Wardeh
Growing Gap in Self-Perception od weight status among Jordanian	Yasmeen Abu Sharifeh