



مركز الاعتماد
و ضمان الجودة
ACCREDITATION & QUALITY ASSURANCE CENTER



The University of Jordan

Accreditation & Quality Assurance Center

Course Syllabus

Course Name:

Psychiatric mental Health Nursing

Course Number:

0701303

SCHOOL OF NURSING
COURSE SYLLABUS
DEPARTMENT: COMMUNITY HEALTH NURSING

2ND SEMESTER 2017 -2018

THE MISSION OF THE UNIVERSITY OF JORDAN

The mission of The University of Jordan is to apply and promote the concepts of quality assurance efficiently and effectively, to control performance and evolve administrative procedures in order to develop distinctive educational, administrative and research system through applying modern quality assurance methodologies that achieve the mission of The University of Jordan and its objectives.

THE VISION OF THE SCHOOL OF NURSING

To be a leading, global school in the areas of nursing education, research, and community service.

THE MISSION OF THE SCHOOL OF NURSING

The School of Nursing dedicates itself to improve health and wellbeing of society through preparing professional nurses to provide quality nursing care, conduct research and provide community service. The school provides a model learning environment that encourages life-long learning, innovation, and professional and personal development.

SCHOOL OF NURSING'S CORE VALUES

Our values are derived from the Islamic Arabic heritage and the nursing profession which include: *integrity, equality, and justice; transparency and accountability; innovation and excellence; leadership and teamwork; discipline; response; and most importantly caring*

1	Course title	Psychiatric Mental Health Nursing
2	Course number	701303
3	Credit hours (theory, practical)	3 credit hours (Theory)
	Contact hours (theory, practical)	3 contact hours (Theory)
4.	Class room:	Room4
4	Prerequisites/co-requisites	0701202
5	Program title	B.Sc. in Nursing
6	Program code	-
7	Awarding institution	The University of Jordan
8	School	Nursing
9	Department	Community Health Nursing Department
10	Level of course	Third year
11	Year of study and semester(s)	2017/2018- Second Semester
12	Final Qualification	
13	Other department(s) involved in teaching the course	None
14	Language of Instruction	English
15	Date of production/revision	1/2018

16. Course Coordinator:

<p><i>Name:</i> Latefa Dardas <i>Office number:</i> 207 <i>Office hours:</i> Tuesdays 2-3, Thursdays 2-3 pm <i>Phone numbers:</i> 23174 <i>Email:</i> l.dradas@ju.edu.jo</p> <p>Academic website: http://eacademic.ju.edu.jo/l.dardas/default.aspx E-Learning website: https://elearning.ju.edu.jo/</p>
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17. Other instructors:

<p><i>Name:</i> Ayman M. Hamdan-Mansour <i>Office number:</i> 227 <i>Office hours:</i> Sunday 10-12, Thursday 2-4pm <i>Phone numbers:</i> 23183 <i>Email addresses:</i> a.mansour@ju.edu.jo</p> <p>Academic website: http://eacademic.ju.edu.jo/a.mansour/default.aspx E-Learning website: https://elearning.ju.edu.jo/</p>

18. Course Description:

As stated in the approved study plan.

This course is designed for the nursing students enrolled in B.Sc. of nursing. The first objective of this course is to provide students with the basic concepts of the value of humanistic & holistic approach to nursing care. It provides them with concepts, theories & principles that will illuminate their clinical experiences. The nursing process is used as organizing framework, each unit in the course will address a mental health concept as related to its clinical manifestation, aetiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities. This course requires the student's participation in class discussions, analysing case studies & bringing the clinical experience into classroom.

19. Course aims and outcomes:**A- Aims:**

This course is designed for the nursing students enrolled in B.Sc. of nursing. The first objective of this course is to provide students with the basic concepts of the value of humanistic & holistic approach to nursing care. It provides them with concepts, theories & principles that will illuminate their clinical experiences. The nursing process is used as organizing framework, each unit in the course will address a mental health concept as related to its clinical manifestation, aetiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities. This course requires the student's participation in class discussions, analyzing case studies & bringing the clinical experience into classroom.

Intended Learning Outcomes (ILO)	
<u>ILO 1: Provide Quality Nursing Care</u>	
Specific Course Objectives	NA
Relevant Competency (JNC)	
Evaluation Methods	
<u>ILO 2: Communicate Effectively</u>	
Specific Course Objectives	2.1 Identify different types of psychiatric disorders and related interventions 2.2 Illustrate assessment abilities for clients with different psychiatric disorders
Relevant Competency (JNC)	professional communication, collaboration and consultation
Evaluation Methods	Exams
<u>ILO 3: Think Critically</u>	
Specific Course Objectives	3.1 Identify different causes of psychiatric diagnosis 3.2 Illustrate assessment abilities for clients with different psychiatric disorders 3.3 Differentiate between the different medical psychiatric diagnosis 3.4 Recognize ethical issues related to mental health field
Relevant Competency (JNC)	Evidence-based nursing practice
Evaluation Methods	Exams Case studies
<u>ILO 4: Promote Professionalism</u>	
Specific Course Objectives	4.1 Apply systematic problem-solving and decision-making models/tools to maximize the quality of personal decision making. 4.2. Identify appropriate strategies for actively creating constructive psychiatric nursing care and intervention necessary to achieve to nursing goals of care. 4.3. Develop political and personal power-building techniques that can be used in the change agent, advocate, and leader-manager roles
Relevant Competency (JNC)	Professional communication, collaboration and consultation
Evaluation Methods	Exams
<u>ILO 5: Maintain Quality and Safety</u>	
Specific Course Objectives	5.1. Describe major components of an effective and efficient psychiatric nursing care 5.2. Discuss strategies and tools psychiatric nurse can use to assure client safety and to promote quality psychiatric nursing care within organizations.

Relevant Competency (JNC)	Standards of psychiatric nursing care Safety
Evaluation Methods	Exams
ILO 6: Develop Leadership	
Specific Course Objectives	6.1. Demonstrate ability to understand concepts, principles regarding psychiatric nursing care 6.2. Analyze selected psychiatric theories pertinent to the delivery of quality healthcare in various settings. 6.3. Examine the process, principles and strategies of problem-solving and decision making in psychiatric nursing care. 6.4. Apply systematic problem-solving and decision-making models/tools to maximize the quality of personal decision making.
Relevant Competency (JNC)	Evidence-based practice Professional communication, collaboration and consultation
Evaluation Methods	Exams
ILO 7: Implement Evidence based Practice	
Specific Course Objectives	
Relevant Competency (JNC)	
Evaluation Methods	

20. Topic Outline and Schedule:

Topic	Week	Instructor	Achieved ILOs	Evaluation Methods for ILOs	Reference Reading and Activities
Introduction to mental health Nursing, mental health and mental illness.	1	Course coordinators*	2.1	Midterm	Townsend Chap 1, 11
Ethical and legal issues in mental health nursing	1	Course coordinators	4.1, 6.1, 6.2, 5.1, 5.2	Midterm	Townsend Chap 4
Nursing care of patients with schizophrenia	2-3	Course coordinators	2.1, 2.2, 2.3, 3.1, 4.1, 4.2, 6.1, 6.2	Midterm	Townsend Chap 15
Nursing care of patients with depressive disorders	4-5	Course coordinators	2.1, 2.2, 3.1, 4.1, 4.2, 6.1, 6.2	Midterm	Townsend Chap 15
Nursing care of patients with bipolar disorders	6	Course coordinators	2.1, 2.2,, 4.1, 6.1, 6.2, 5.1, 5.2	Second Exam	Townsend Chap 16
Nursing care of patients with anxiety Disorders.	7	Course coordinators	2.1, 2.2, 3.1, 3.2, 3.3, 4.1, 4.2, 6.1, 6.2	Second Exam	Townsend Chap 18
Nursing care of patients with OCD & other disorders	8	Course coordinators	2.1, 2.2, 3.1,3.2, 3.3, 4.1, 4.2, 6.1, 6.2	Second Exam	Townsend Chap 18
Nursing care of patients with trauma and stress related disorders	9	Course coordinators	2.1, 2.2, 2.3, 3.1, 4.1, 4.2, 6.1, 6.2	Short Exam	Townsend Chap 19

Nursing care of patient with Somatic symptoms & related disorders	10	Course coordinators	2.1, 2.2, 3.1, 4.1, 4.2, 6.1, 6.2	Short Exam	Townsend Chap 20
Nursing care of patients with Personality disorders	11	Course coordinators	2.1, 2.2, 3.1, 4.1, 4.2, 5.1, 5.2, 6.1, 6.2	Final exam	Townsend Chap 23
Nursing Care of patients with substance related and addictive disorders	13-14	Course coordinators	2.1, 2.2, 3.1, 4.1, 4.2, 6.1, 6.2, 6.3, 6.4	Final exam	Townsend Chap 14
FINAL EXAM	15	Course coordinators	All ILOS		

* latefa Dardas & Ayman Mansour

21. Teaching Methods and Assignments:

Development of ILOs is promoted through the following teaching and learning methods: (Choose from table below)

Teaching Methodologies:

The following approaches that are guided by *Adult Learning Theory* will be used to achieve course and clinical objectives related to the ILOs:

Instructional Methods	
• Direct Instruction	• Interactive lectures
• Interactive Instruction	• Group discussions
• Experiential Learning	• E-learning using Moodle
• Independent Study	• Application exercises
	• Application exercises
	• Reflective Journaling

22. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Methods	Duration	Assigned Points
MidTerm Exam:	(Semester week according to the university regulations)	30%
Second Exam	Week7	20%
Short Exam	Week 10	10%
Final Exam:	(Semester week according to the university regulations)	40%
Total		100%

23. Course Policies:

A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will be illegible to sit for the final exam and will be given the university zero (F grade) in this course.
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and handing in assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures: NA

D- Honesty policy regarding cheating, plagiarism, misbehaviour:

- Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:
 - Copying from another student's work.
 - Using materials not authorized by the institute.
 - Collaborating with another student during a test, without permission.
 - Knowingly using, buying, selling, or stealing the contents of a test.
 - Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
 - Using any media (including mobiles) during the exam
- The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):
<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>

E- Examination Instructions for Students

- Bring with you all exam requirements (blue pen, pencils, sharpener, eraser, calculator etc.), borrowing from others is not allowed.
- Do not bring any material related to the exam
- Do not bring your mobile phone to the Exam room
- Be in the exam room at least 10 minutes before exam starting time
- It's not allowed to enter the exam room late. In case of coming late you have to contact the course coordinator immediately
- It's not allowed to leave the Exam room before the end of the END OF AT LEAST ONE-THIRD OF THE EXAM TIME.
- Write your name and university number on the exam paper and computerized sheet using **Blue** pen only.
- Use pencil **ONLY** to shade your answers on the computerized answer sheet.
- Do not leave examination room except under exceptional circumstances at the discretion of the Senior Invigilator and you should be accompanied by an invigilator, if needed.
- For Re-exam issue refer back to the university rules.

F- Grading policy:

A grade of (D) is the minimum passing grade for the course.

Mark Range	Grade
0-34	F
35-46	D ⁻
47-49	D
50-52	D ⁺
53-56	C ⁻
57-60	C
61-64	C ⁺
65-69	B ⁻
70-74	B
75-79	B ⁺
80-83	A ⁻
84-100	A

G- Available university services that support achievement in the course:

- Faculty members website
- E-Learning website

24. Required equipment:

- Audio-Visual Aids
- Faculty member’s Website
- E-Learning Website

25. References:

A- Required book (s), assigned reading and audio-visuals:

Townsend Mary C., Morgan, K.I. (2017). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (7th Ed) F.A. Davis Company; Philadelphia

B- Recommended books, materials, and media:

Videbeck Sheila A. (2014) Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York

C- Recommended books, materials, and media:

Relevant Website and Journals

- Faculty members website
- E-Learning website

26. Additional information:

Name of Course Coordinator: -----Signature: ----- Date: -----
 Head of curriculum committee/Department: ----- Signature: -----
 Head of Department: ----- Signature: -----
 Head of curriculum committee/Faculty: ----- Signature: -----
 Dean: ----- -Signature: -----

- Copy to:
- ✓ Head of Department
 - ✓ Assistant Dean for Quality Assurance
 - ✓ Course File