

The University of Jordan

Accreditation & Quality Assurance Center

COURSE Syllabus

| | | |
|----|--|---|
| 1 | Course title | Mental Health-Psychiatric Nursing |
| 2 | Course number | 701303 |
| 3 | Credit hours (theory, practical) | 3 credit hours (Theory) |
| | Contact hours (theory, practical) | 3 contact hours (Theory) |
| 4 | Prerequisites/corequisites | 0701202 |
| 5 | Program title | B.Sc. in Nursing |
| 6 | Program code | - |
| 7 | Awarding institution | The University of Jordan |
| 8 | Faculty | Faculty of Nursing |
| 9 | Department | Community health nursing |
| 10 | Level of course | Third Year |
| 11 | Year of study and semester (s) | 2015/2016- 2nd Semester |
| 12 | Final Qualification | B.Sc. |
| 13 | Other department (s) involved in teaching the course | - |
| 14 | Language of Instruction | English |
| 15 | Date of production/revision | 31/1/2016 |

16. Course Coordinator:

Office numbers, office hours, phone numbers, and email addresses should be listed.

Faculty member

Faculty Member: Lina Wrdam, PNS, RN
 Office Hours: 2:30 - 3:30 Monday & Wednesday or by appointment
 Office Location and Tel: Faculty of Nursing, 2nd Floor. 23158
 Email and Website: Email: linaw@ju.edu.jo
 Academic website: <http://eacademic.ju.edu.jo/linaw>
 E-Learning website: <https://elearning.ju.edu.jo/>

17. Other instructors:

Office numbers, office hours, phone numbers, and email addresses should be listed.

18. Course Description:

This course is designed for the nursing students enrolled in B.Sc. of nursing. The first objective of this course is to provide students with the basic concepts of the value of humanistic & holistic approach to nursing care. It provides them with concepts, theories & principles that will illuminate their clinical experiences. The nursing process is used as organizing framework, each unit in the course will address a mental health concept as related to its clinical manifestation, aetiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities. This course requires the student's participation in class discussions, analyzing case studies & bringing the clinical experience into classroom

19. Course aims and outcomes:

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|--|--|--|--|--|--|
| A- Aims: This course is designed for the nursing students enrolled in B.Sc. of nursing. The first objective of this course is to provide students with the basic concepts of the value of humanistic & holistic approach to nursing care. It provides them with concepts, theories & principles that will illuminate their clinical experiences. The nursing process is used as organizing framework, each unit in the course will address a mental health concept as related to its clinical manifestation, aetiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities. This course requires the student's participation in class discussions, analyzing case studies & bringing the clinical experience into classroom | | | | | |
| B- Intended Learning Outcomes (ILOs): Upon successful completion of this course students will be able to ... | | | | | |
| 1. Knowledge and Understanding | | | | | |
| 1.1 Discuss knowledge and concepts of PMHN | | | | | |
| 1.2 Identify different types of psychiatric disorders and related interventions | | | | | |
| 1.3 Identify different causes of psychiatric diagnosis | | | | | |
| 2. Intellectual Analytical and Cognitive Skills | | | | | |
| 2.1 Differentiate between the different medical psychiatric diagnosis | | | | | |
| 2.2 Illustrate assessment abilities for clients with different psychiatric disorders | | | | | |
| 2.3 Develop nursing diagnosis according to the psychiatric nursing diagnosis based on related to factors and evidences | | | | | |
| 2.4 Relate the nursing diagnosis to medical psychiatric diagnosis (DSM5) | | | | | |
| 3. Subject/ Specific/ Practical Skills | | | | | |
| 3.1 Utilize knowledge based in planning humanistic nursing care for clients with mental-health psychiatric disorders to promote their health status | | | | | |
| 3.2 Demonstrate knowledge of selected treatment modalities in terms of their indication and nursing implications | | | | | |
| 4. Creativity /Transferable Key Skills/Evaluation | | | | | |
| 4.1 Recognize ethical issues related to mental health field | | | | | |
| 4.2 Integrate psychiatric nursing concepts and model into nursing interventions | | | | | |

20. Topic Outline and Schedule:

| Topic | Week | Instruct or | Achieved ILOs | Evaluation Method | References |
|--|------|-------------|---------------|-------------------|------------------------|
| Introduction to mental health Nursing, mental health and mental illness. | 1 | Lina | 1.1 | First exam | Townsend Chap 1, 11 |
| Ethical and legal issues in mental health nursing | 1 | Lina | 4.1 | | Townsend Chap 4 |
| Nursing care of patients with schizophrenia-I | 2 | Lina | 1, 2, 3 | | Townsend Chap 15 |

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|---|----|------|--------------|--------------------------|------------------|
| Nursing care of patients with schizophrenic-II | 3 | Lina | 1, 2, 3 | First Exam | Townsend Chap 15 |
| Nursing care of patients with schizophrenic-III | 4 | Lina | 1, 2, 3 | | Townsend Chap 15 |
| Nursing care of patients with depressive disorders | 5 | Lina | 1, 2, 3, 4.2 | Due 1st exam | Townsend Chap 16 |
| Nursing care of patients with depressive disorders | 6 | Lina | 1, 2, 3 | Second Exam | Townsend Chap 16 |
| Nursing care of patients with bipolar disorders | 7 | Lina | 1, 2, 3 | | Townsend chap 17 |
| Nursing care of patients with anxiety Disorders. | 8 | Lina | 1, 2, 3, 4.2 | Due 2 nd exam | Townsend Chap 18 |
| Nursing care of patients with anxiety disorders. | 9 | Lina | 1, 2, 3, 4.2 | Final exam | Townsend Chap 18 |
| Nursing care of patients with OCD & other disorders | 9 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 18 |
| Nursing care of patients with trauma and stress related disorders | 10 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 19 |
| Nursing care of patient with Somatic symptoms & related disorders | 11 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 20 |
| Nursing care of patient with dissociative disorders | 11 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 20 |
| Nursing Care of patients with substance related and addictive disorders | 12 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 14 |
| Nursing Care of patients with substance related and addictive disorders | 13 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 14 |
| Nursing care of patients with Personality disorders | 14 | Lina | 1, 2, 3, 4.2 | | Townsend Chap 23 |
| Nursing care of patients with eating disorders & sleeping disorders | 14 | | 1, 2, 3, 4.2 | | Townsend Chap 22 |
| FINAL EXAM | | | All ILOS | | |

21. Teaching Methods and Assignments:

Development of ILOs is promoted through the following teaching and learning methods:

- Interactive lectures.
- Group discussions.
- Role play
- Case analysis

22. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

| | |
|--------------|--|
| First exam: | 25% (5 th week approximately 28.2.2016) |
| Second exam: | 25% (8 th week approximately 20.3.2016) |
| Final exam: | 50% (To be announced) |

23. Course Policies:

A- Attendance policies:

- a. Students must attend all classes of this course.
- b. Any student with absence of 15% of the classes of any course, will be illegible to sit for the final exam and will be given the university zero (F grade) in this course.
- c. In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- d. Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

B- Absences from exams and handing in assignments on time:

- a. Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- b. Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- c. Assignments and projects should be submitted to the instructor on the due date.

C- Health and safety procedures: (Depends on the course)

D- Honesty policy regarding cheating, plagiarism, misbehavior:

Cheating, plagiarism, misbehavior are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.
- Using any media (including mobiles) during the exam.

E- Grading policy:

A grade of (D) is the minimum passing grade for the course.

| Mark Range | Grade |
|------------|-------|
| 0-34 | F |
| 35-46 | D- |
| 47-49 | D |
| 50-52 | D+ |
| 53-56 | C- |
| 57-60 | C |
| 61-64 | C+ |
| 65-69 | B- |
| 70-74 | B |
| 75-79 | B+ |
| 80-83 | A- |
| 84-100 | A |

F- Available university services that support achievement in the course:

- Faculty members website
- E-Learning website

24. Required equipment:

- Audio-Visual Aids/ short films
- Faculty member's Website
- E-Learning Website

25. References:

A- Required book (s), assigned reading and audio-visuals:

Townsend Mary C. (2014). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (6th Ed) F.A. Davis Company; Philadelphia

B- Recommended books, materials, and media:

Videbeck Sheila A. (2014) Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York

26. Additional information:

Name of Course Coordinator: -----Signature: ----- Date: -----

Head of curriculum committee/Department: ----- Signature: -----

Head of Department: ----- Signature: -----

Head of curriculum committee/Faculty: ----- Signature: -----

Dean: ----- -Signature: -----

Copy to:
Head of Department
Assistant Dean for Quality Assurance
Course File